

Melinda J. Cail, MD, FAAFP is a native of the Edmond area. She attended Edmond Memorial High School and completed her undergraduate degree at Oklahoma Christian University. She graduated from the University of Oklahoma College of Medicine in 2000 with her medical degree. From there, Dr. Cail trained at Great Plains Family Practice, where she completed her residency in 2003. She practiced for 2 1/2 years with Integris ProHealth Physicians in Norman, then was thrilled when an opportunity to practice in Edmond presented itself to her. She started work with

the Mercy Health Network in January 2006 and practiced there for 11 years.

Dr. Cail is married to Rodney Lemons and they have 3 remarkable sons: Abe, Cail, and Drew. She enjoys cooking, singing, and is an avid clog dancer. She loves to travel, especially to the ruined castles of England and Scotland. Actively involved with the Alzheimer's Association, she was honored to serve as the keynote speaker for the Alzheimer's Aware fundraising event in 2015. She is also involved with the American Cancer Society as a spokesperson for the battle against colon cancer.

Dr. Cail makes an appearance weekly on the Joey and Heather radio morning show as "Dr. Mindy" and is excited for the opportunity to improve the health of those she serves.