

# Stay Hands ON:

Enhancing your practice with OMM



# Intro

30 years in Binger, Thomas, Carnegie

Last 4 years as continuity clinic director and core faculty at CCMH Family practice residency. OSU affiliated

I was in office, hospital, er, nursing home routinely

Used omt in all those settings.

Approximately 20%



# When to use

Every diagnosis theoretically possible

Look for opportunities

During exam you can start

Treat it when you find it.



# Five minute total body

I use translation and mostly neutral position when moving fast.

## HISTORY

Sitting-spring back, palpate tissue for TART (tissue texture changes, asymmetry, restriction, and tenderness) changes

Lay them prone, again palpate spine and sacrum-treat

Roll over and spring pelvis-treat





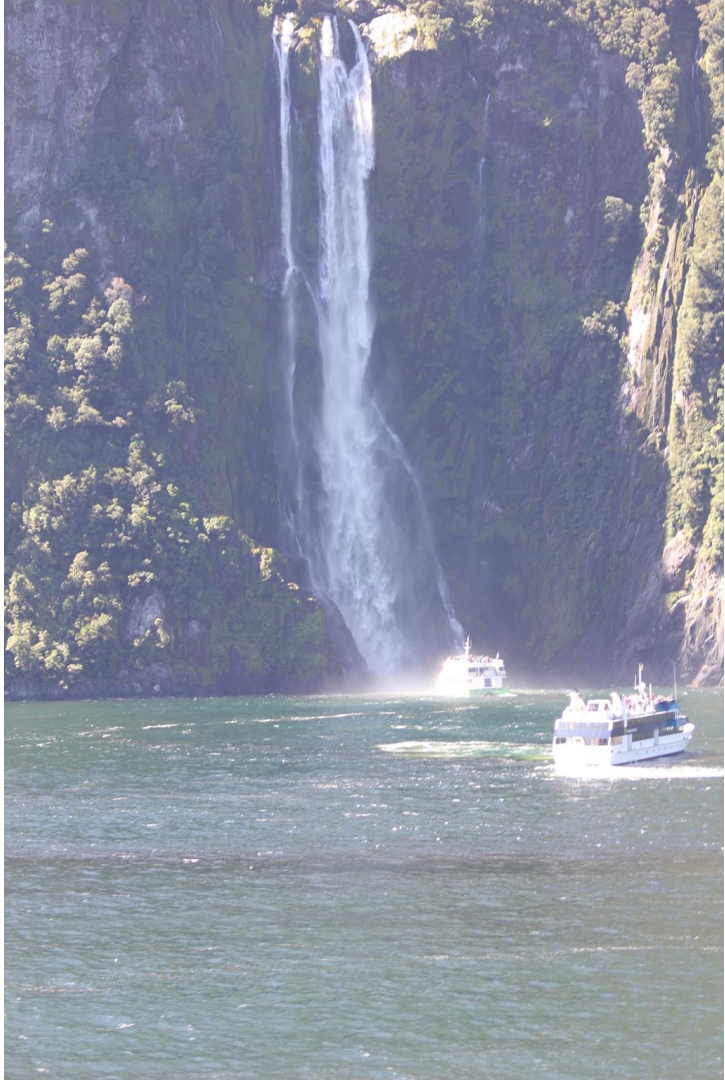


Lay them prone, again palpate spine and sacrum-treat

Roll over and spring pelvis-treat

Then move to cervical spine and translate in flexion and extension, neutral is somewhat extended.

If reassessment not improved, have to slow down and check extremities, cranial or other areas.



# 10 regions considered for billing

1-Head and occipital

2-cervical-cervicothoracic

3-thoracic and thoracolumbar region

4-lumbar and lumbosacral

5-sacral and coccyx



6-Pelvic

7-lower extremities

8-upper extremities, AC and SC regions

9-ribs, costochondral and costovertebral

10-abdomen and other





# Diagnosis codes-Segmental and somatic dysfunction of \_\_\_\_

**M99.00**-head region

**M99.05**-pelvic region

**M99.01**-cervical region

**M99.06**-lower extremity

**M99.02**-thoracic region

**M99.07**-upper extremity

**M99.03**-lumbar region

**M99.08**-rib cage

**M99.04**-sacral region

**M99.09**-abdomen, other







## E and M codes

Office-99201-5, new patient, 99211-5, established  
99281-5-ER

In clinic one adds 25 modifier to E&M code plus the appropriate cpt for the omt. Can bill only cpt if omt is only thing done.





- I like to attach E&M to the symptom diagnosis such as back pain
- I also like to use a chronic diagnosis that is appropriate such as hypertension since we are usually checking their vitals and reviewing.
- You need to list regions separately in your diagnoses

