

Oklahoma Health Professionals Program (OHPP) 405-601-3536

- ▶ **Current status and
future challenges**

Director John R Kuhn MD

Associate Director - Paul Cheng, MD

Program Manager - Jen Boren

Compliance Coordinator - Ashland Boles

Office Assistant - Tiffany Hockett

Oklahoma Health Professionals Program Mission

- ▶ 1. To arrange for evaluation of potentially-impaired health professionals
- ▶ 2. To arrange for treatment, if indicated
- ▶ 3. To monitor post-treatment
- ▶ 4. To advocate for necessary entities
- ▶ 5. To protect public safety

What OHPP Monitors:

- ▶ Substance Use Disorders
- ▶ Behavioral Issues
- ▶ Boundary Issues
- ▶ Mental Health Issues

Professions Covered by OHPP



Medical Doctors (MD)



Osteopathic Doctors (DO)



Dentists



Veterinarians



Psychologists

OHPP Approved Evaluation and Treatment Facilities

Bradford Health Services - Warrior, AL

UF Health Florida Recovery Center - Gainesville, FL

Talbott Recovery - Atlanta, GA

Pine Grove Behavioral Health & Addiction Services - Hattiesburg, MS

Positive Sobriety Institute - Chicago, IL

Professional Renewal Center – Lawrence, KS

Acumen – Lawrence, KS

Estimated Cost of Evaluation and Treatment

Evaluations range from \$3,000 to \$7,000

Treatment ranges from \$30,000 to \$45,000 -
8-12 week programs

(*including room and board)

Insurance coverage varies by facility and
network

Allied Health Professionals Program

Director, Robert Nesbitt MD



Other Health Professional



Medical Students

Allied Health Professionals Program

Local Evaluations (less expensive)

Local treatment

Potential lower monitoring costs

OHPP Referral Sources

- ▶ Self referrals
- ▶ Licensure Boards
- ▶ Hospital Physician Programs
- ▶ Court or Attorney Referrals

Monitoring Agreement- Standard Length 5 Years

Year One:

- 52 UDS + intermittent blood and/or hair follicle tests
- 3 Soberlink daily
- Caduceus meeting weekly
- 3 Recovery support meetings weekly

Monitoring Agreement

Year Two:

- 26 UDS + intermittent blood and/or hair follicle tests
- 3 Soberlink daily
- Caduceus meeting weekly
- 3 Recovery support meetings weekly

Monitoring Agreement

Year Three:

- 18 UDS + intermittent blood and/or hair follicle tests
- 2 Soberlink daily
- Caduceus meeting weekly
- 3 Recovery support meetings weekly

Monitoring Agreement

Years Four and Five:

- 18 UDS yearly + intermittent blood and/or hair follicle tests
- 2 Soberlink daily
- Caduceus meeting weekly
- 2 Recovery Support meeting weekly

UDS Common Drugs*

Time Span: 1 to 4 weeks

* Not Complete List

- ▶ Amphetamine/Methamphetamine
- ▶ Benzodiazepines
- ▶ THC
- ▶ Cocaine
- ▶ Ethanol
- ▶ Hydrocodone/Hydromorphone/Codeine/
Meperidine/Morphine
- ▶ Oxycodone/Oxymorphone
- ▶ Tramadol

PEth blood test

▶ Alcohol metabolites up to 3 weeks post ingestion

Hair Follicle Test Common Drugs* Time Span: 3 Months

* Not Complete List

- ▶ Amphetamine/Methamphetamine
- ▶ Benzodiazepines
- ▶ THC
- ▶ Cocaine
- ▶ Hydrocodone/Hydromorphone/Codeine/
Morphine
- ▶ Oxycodone/Oxymorphone

OHPP Success Rates

▶ 85% to 95%

Noncompliance

- ▶ OHPP may notify licensure Board of issues with noncompliance accompanied by supportive documentation

Senior Monitoring

► Voluntary

Costs of Monitoring – Participants' Responsibility

- ▶ UDS \$70
- ▶ Soberlink \$175 per month
- ▶ Hair follicle test \$130 - \$205
- ▶ Peth Test \$135
- ▶ All drug screens require a collection site fee, in addition to testing costs. These range from \$10 - \$40

Work Site Monitoring

- ▶ Quarterly report

THC Policy

- ▶ No THC products allowed
- ▶ A positive for THC is considered a relapse
- ▶ The participant will be required to refrain from practice until the UDS is negative

CBD Policy

- ▶ A letter is required from the treating physician that an alternative therapy of equal effectiveness is not available or not suitable
- ▶ A pharmaceutical grade of CBD should be obtained. Non pharmaceutical grade CBD can be contaminated with THC
- ▶ If one tests positive for THC while taking CBD, they will be required to refrain from practice until their UDS becomes negative

Stimulant use for ADHD

-
- A letter must be provided from an OHPP and Board approved psychiatrist certified in addiction medicine
-
- The psychiatrist must be made aware of any history of Substance use Disorder and determine fitness to practice while on medication
-
- A monthly random UDS will be required
-
- A quarterly letter from the psychiatrist will be required
-

Disulfiram (Antabuse)- Blocks Metabolism of Alcohol

- ▶ Must be administered by a qualified health provider
- ▶ One can continue the practice of medicine

Naltrexone- Opioid Antagonist

- ▶ Must be administered by a qualified health provider
- ▶ One can continue to practice medicine

Medication Assisted Treatment (MAT)

Chronic medical conditions

- ▶ Methadone
- ▶ Buprenorphine
- ▶ Suboxone – Buprenorphine/Naltrexone
- ▶ Other Mind-Altering Medication

Medication Assisted Treatment

- ▶ Must be requested by an OHPP-approved Board-certified psychiatrist certified in Addiction Medicine
- ▶ Must undergo neuropsychological testing to determine ability to practice medicine while on the medication
- ▶ Must undergo annual or biannual neuropsychiatric testing as determined by OHPP
- ▶ Quarterly reports are required

DUIs

- ▶ One must undergo a professional evaluation
- ▶ One-year Sobriety Challenge if no Substance Use Disorder is indicated

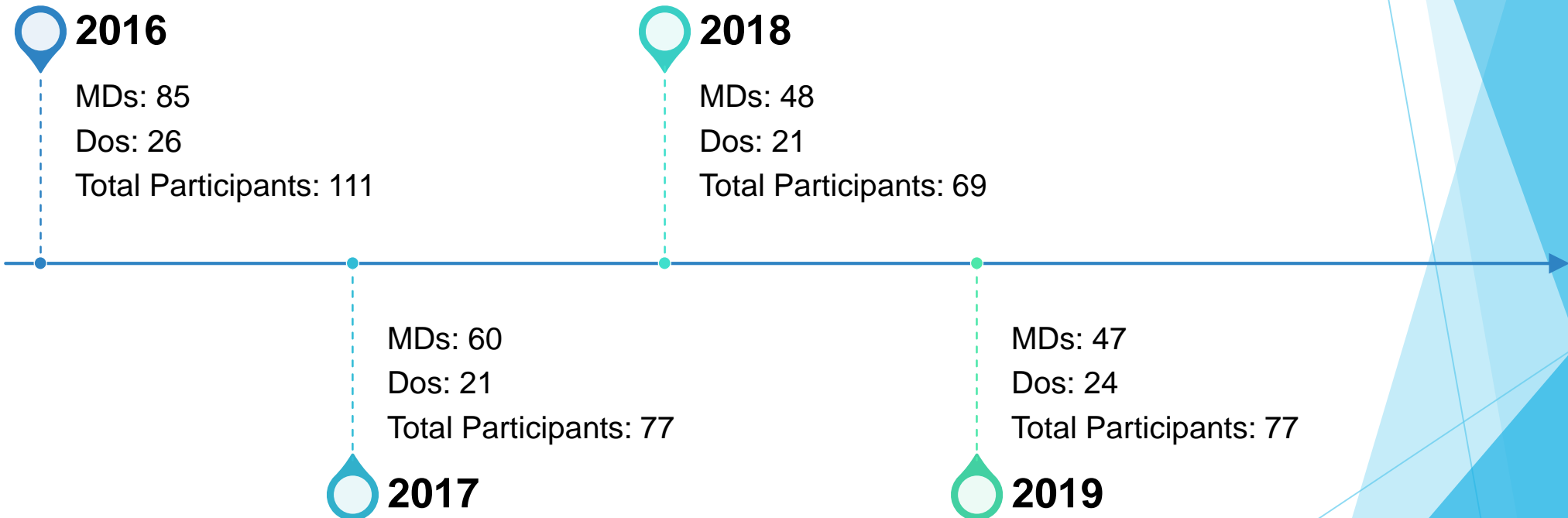
OHPP Cost – Per participant

- ▶ \$5,500 to \$6,000 per year

OHPP Funding Sources

- ▶ Oklahoma Allied Health Board
- ▶ Oklahoma Medical Board
- ▶ Oklahoma Osteopathic Board
- ▶ Oklahoma Dental Board
- ▶ Oklahoma Veterinarian Board
- ▶ Oklahoma Psychologist Board
- ▶ Oklahoma State Medical Association (OSMA)
- ▶ PLICO
- ▶ Participant Fees - \$750 annually

Number of Active OHPP Participants Per Year



**Total number
Osteopathic
Physicians in
Oklahoma
3,153 (2020)**

- ▶ Potential number of impaired
Osteopathic Physicians 378
(12%)

Potential Reasons For Fewer Participants

- ▶ Harder to divert drugs
- ▶ Fewer private practice revenues to support leave of absence
- ▶ Less insurance coverage for treatment
- ▶ Denial
- ▶ Reluctance to report colleagues

Future Challenges

- ▶ Early intervention to avoid more costly treatments
- ▶ Establishment of an Oklahoma Professional level out-patient treatment program
- ▶ Education of Oklahoma health care sector regarding OHPP and its services
- ▶ Participant Scholarship Fund

Future Challenges: OHPP Funding

- ▶ Major Oklahoma Hospital Corporations
- ▶ Major Oklahoma Insurance Companies

Future Challenges: Noncompliance

- ▶ Early intervention to protect health provider's health
- ▶ Early intervention to protect patient's health
- ▶ Early intervention to reduce liability