



Nicole B. Washington, DO, MPH, is a native of Baton Rouge, Louisiana, where she attended Southern University and A&M College. After receiving her BS degree, she moved to Tulsa, Oklahoma, to matriculate at the Oklahoma State University College of Osteopathic Medicine. She completed a residency in Psychiatry at the University of Oklahoma in Tulsa and a master's degree in Public Health through the University of Illinois at Chicago.

Since completing her residency training, Dr. Washington has spent most of her career caring for and advocating for those who are not typically consumers of mental health services, namely underserved communities, those with severe mental illness, and high-performing professionals. With a passion for educating others about mental illness, she speaks on a variety of topics to colleagues and the general public. Through her private practice, podcast, speaking and writing, she seeks to provide education in an effort to decrease the stigma associated with psychiatric illness.