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Osteopathic Approach to Value-Based Care

Financial Conflicts

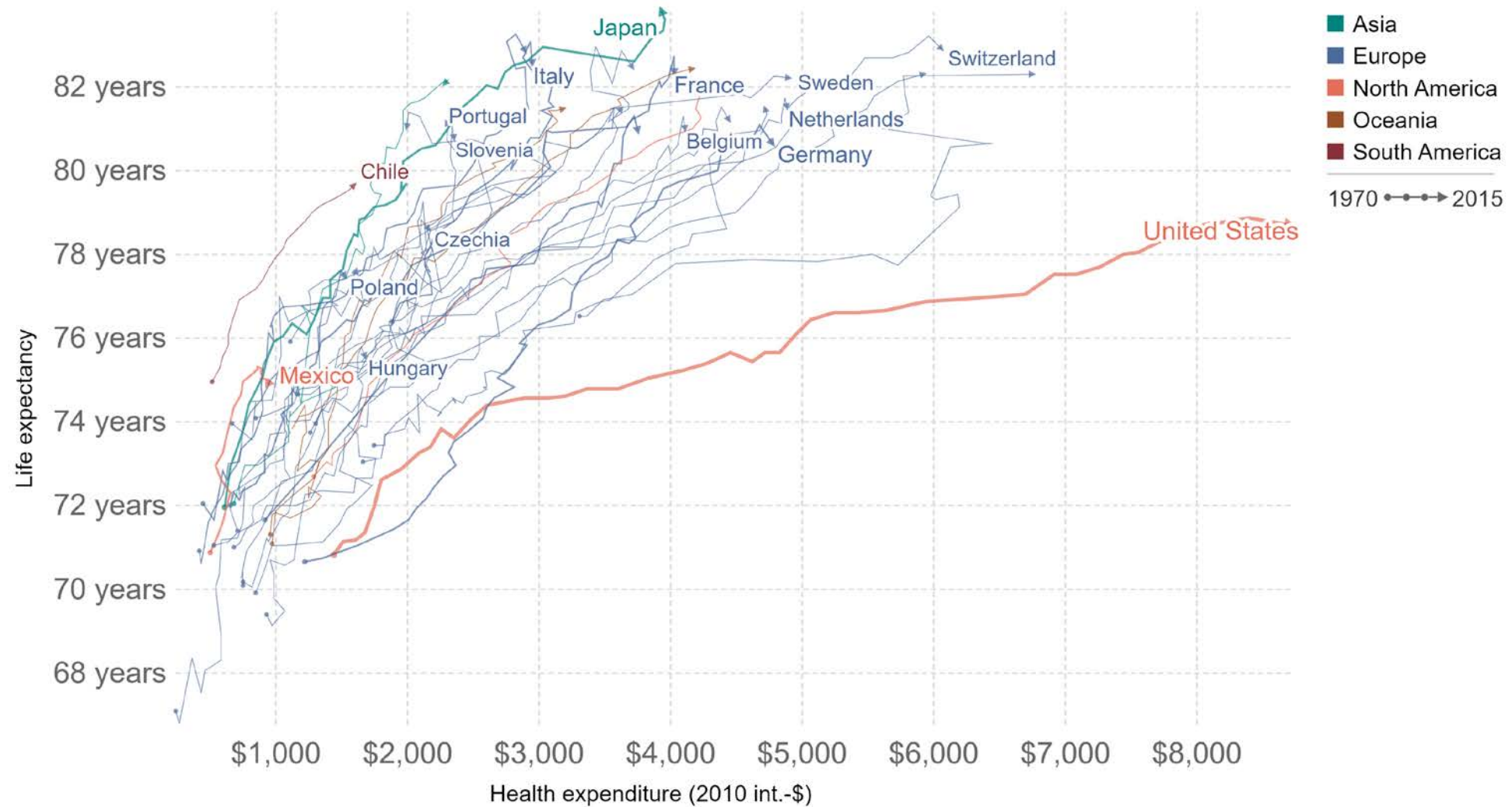
- ◇ Primary Care First Participant
- ◇ ACO participant

Objectives

- ◇ Understand the history of payment models
- ◇ Understand the concepts of value-based care
- ◇ Understand the components of an effective value-based care program
- ◇ Discover ways to implement a value-based care program

Life expectancy vs. health expenditure, 1970 to 2015

Health financing is reported as the annual per capita health expenditure and is adjusted for inflation and price level differences between countries (measured in 2010 international dollars).



Osteopathic medicine is founded on the philosophy that all body systems are interrelated and dependent on each other for optimal health. A Doctor of Osteopathic Medicine, or D.O., embraces a holistic approach to medicine, focusing on preventative ways to attain and maintain wellness.

Another way D.O.s are unique from allopathic physicians, or M.D.s, is they receive training in osteopathic manipulative medicine. In OMM, students are trained to use their hands to diagnose and treat the musculoskeletal issues with varying techniques to improve body biodynamics and organ function. By combining their OMM knowledge with the latest advances in medical technology, osteopathic physicians offer their patients the most comprehensive, patient-centered, health-oriented care available.

THE D.O. DIFFERENCE

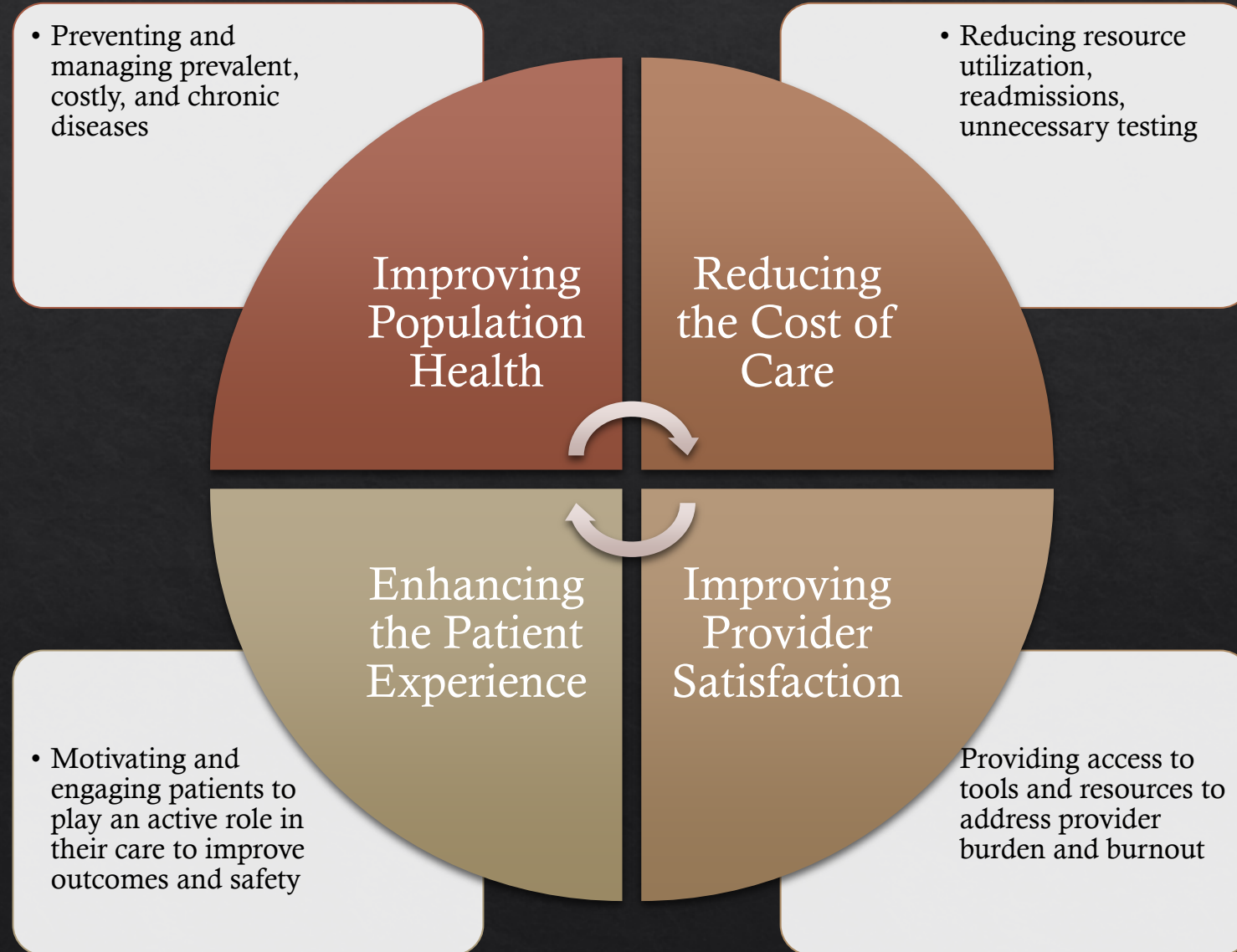
DOs are trained to look at the whole person from their first days of medical school, which means they see each person as more than just a collection of organ systems and body parts that may become injured or diseased. When the human being is viewed in light of osteopathic principles, the perception of the health-disease continuum changes. Osteopathic principles allow the physician to consider all aspects of the patient, not just the symptoms. The osteopathic physician sees the integrated nature of the various organ systems and body's capabilities for self-regulation and self-healing. These principles acknowledge the importance of the musculoskeletal system and its role in health and disease. This holistic approach to patient care means that osteopathic medical students learn how to integrate the patient into the health care process as a partner. They are trained to communicate with people from diverse backgrounds, and they get the opportunity to practice these skills in their classrooms and learning laboratories, frequently with standardized and simulated patients.

The Philosophy of Osteopathic Medicine

The Changing Landscape of Medicine



What is Value-Based Care?



Components of an Effective Value-Based Care Program



Where to Begin

- ◆ Evaluate your need
- ◆ Leverage existing resources in existing EHR
- ◆ Consider third party vendors
- ◆ Make connections with larger organizations such as joining an ACO
- ◆ Create Collaborative Care agreements with other local providers and specialists to make sure you are receiving records and other information
- ◆ Health Information Data Exchanges

“

To find health should be the object of the doctor.
Anyone can find disease.

”

Andrew Taylor Still