Diagnostic Errors: Contributing Factors and Risk Strategies

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Objectives

At the conclusion of this program, participants should be able to:

- Describe how diagnostic errors occur throughout the diagnostic process
- Identify and analyze contributing factors that affect patient safety
- Identify processes and systems that reduce and prevent diagnostic errors

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"Good judgment comes from experience, and a lot of that comes from bad judgment." — Will Rogers

What is a diagnostic error?

A diagnostic error is a failure to:

- Establish an accurate and timely explanation of the patient's health problem(s); or
- Communicate that explanation to the patient.



"It is likely that most of us will experience at least one diagnostic error in our lifetimes, sometimes with devastating consequences."



Diagnostic errors account for the largest percentage of malpractice claims and the most severe clinical and financial outcomes.

Key myths that can contribute to diagnostic errors

Healthcare providers

- It won't happen to me.
- I can always trust my intuition.
- I always communicate effectively with my patients.
- I'm a good listener.
- Most diagnostic errors involve rare or uncommon diseases.
- I rarely need to make a complete differential diagnosis.
- If I made a diagnostic error, I'd find out about it.













National Patient Safety Foundation, Cautious Patient Foundation, Society to Improve Diagnosis in Medicine. (n.d.). Myths and facts about diagnostic error: Physicians.

Key myths that can contribute to diagnostic errors

Patients

- · No news is good news.
- · My doctors are talking to each other.
- I would be disloyal if I ask for a second opinion.
- The more tests I have, the better.

Healthcare organizations

- · If something went wrong, we would hear about it.
- Diagnosis is the physician's problem.
- We open ourselves to liability if we look too hard at diagnostic errors.
- · Only physicians have a role in diagnosis.

National Patient Safety Foundation, Cautious Patient Foundation, Society to Improve Diagnosis in Medicine. (n.d.). Myths and facts about diagnostic error: Patients; National Patient Safety Foundation, Cautious Patient Foundation, Society to Improve Diagnosis in Medicine. (n.d.). Myths and facts about diagnostic error: Healthcare organizations



The diagnostic process INFORMATION INTEGRATION Clinical Clinical Communication of the Diagnosis Treatment Outcomes The planned path of The explanation of Patient and the health problem System Outcomes care based on the that is communicated diagnosis Learning from to the patient diagnostic errors. near misses, and accurate, timely diagnoses National Academies of Sciences, Engineering, and Medicine, 2015. Improving Diagnosis in Health Care. Washington, DC: The National Academies Press.

Assessing diagnostic errors: why it's difficult

Dispersed nature of care in ambulatory settings; time and place

Long gap between error and detection

Retrospective studies require time-consuming and costly manual chart reviews

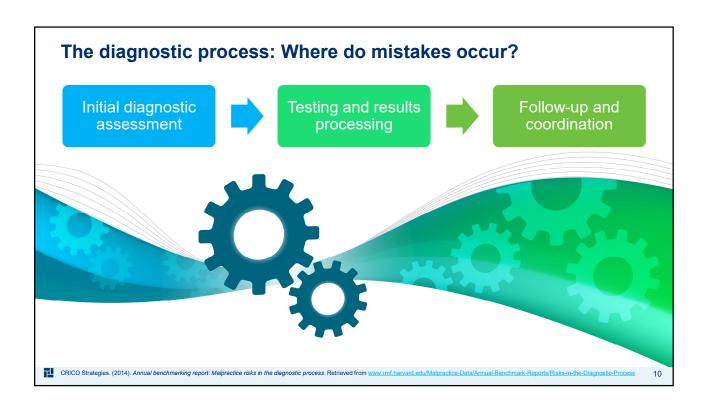
Frequent disagreement on whether an error or delay occurred

Easier to measure infection rates, treatment failures, and procedural issues



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Increasing attention to diagnostic errors Outpatient diagnostic errors of 5.08% (12 million patients, 1 in 20 adults). 50% could be potentially harmful (Symptom-Disease Pair Analysis of Diagnostic Error [SPADE] study suggests 33% are serious). The Society to Improve Diagnosis in Medicine (SIDM); National Academies of Science, Engineering, and Medicine (NASEM), and others have made diagnostic errors a priority. The SPADE study (Johns Hopkins) aims to better measure errors and track performance in hospitals. Medical malpractice cases Claim volume, clinical severity, financial severity.





Data review

Diagnostic errors represent a frequent, serious, and costly risk.

They account for almost a quarter of all malpractice cases and a third of total dollars paid (expense plus indemnity).



Diagnosis-related cases are among those more likely to close with an indemnity payment.

Patient injuries in diagnosis-related cases often are more severe than in other types of malpractice cases.

Every specialty contributes to the volume of diagnosis-related cases. For

many specialties, diagnosis-related allegations account for more than half or close to half of their malpractice cases.

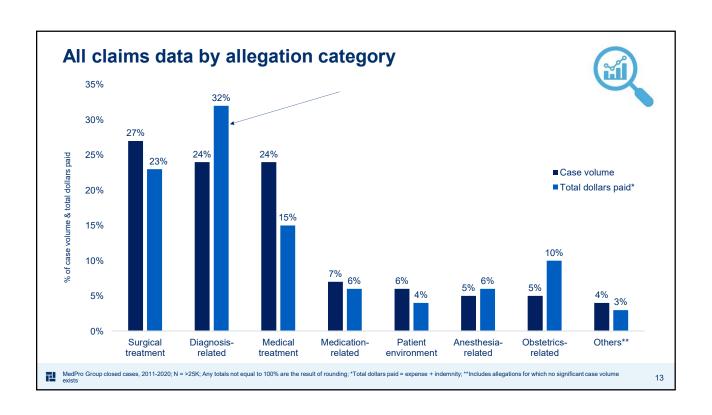


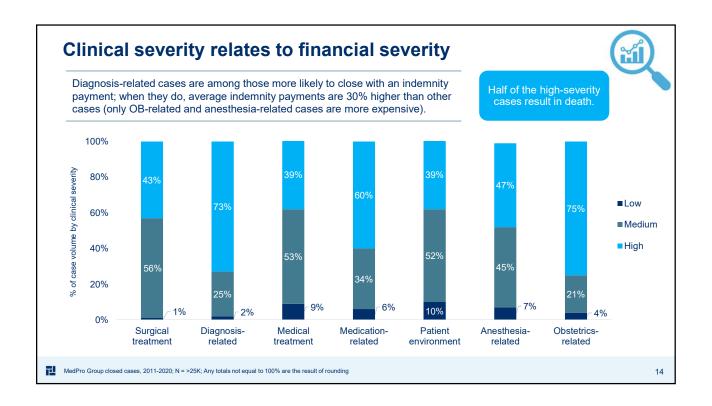


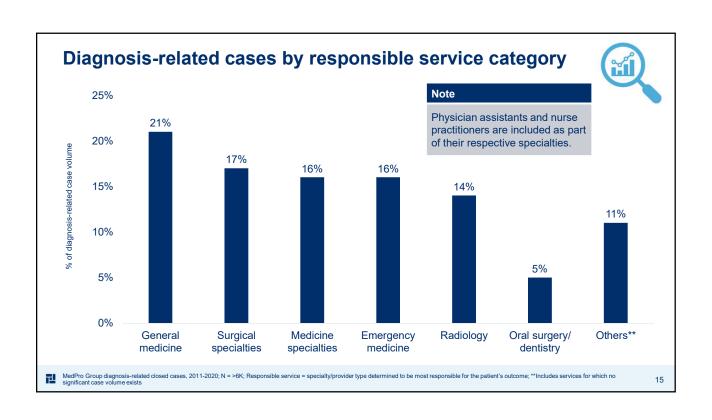
Cancer continues to be the top diagnosis cited in diagnosis-related cases from the office/clinic setting.

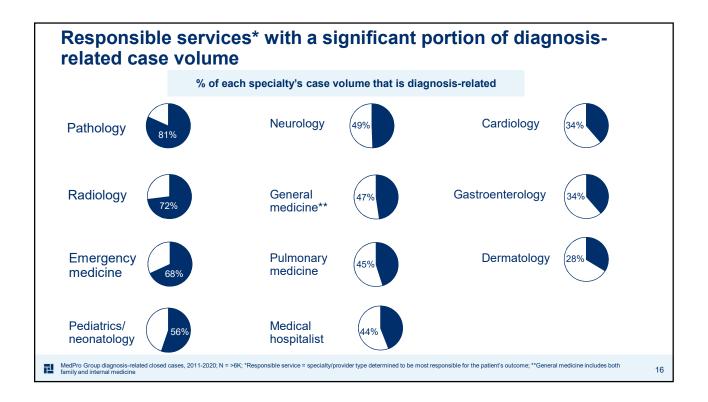


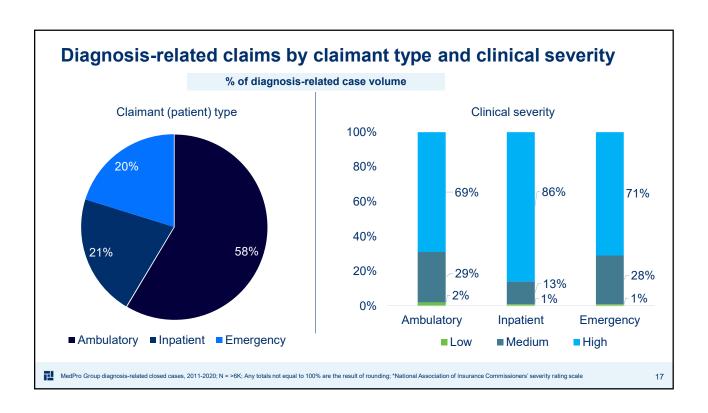
MedPro Group diagnosis-related closed cases, 2011-2020; N = >6K

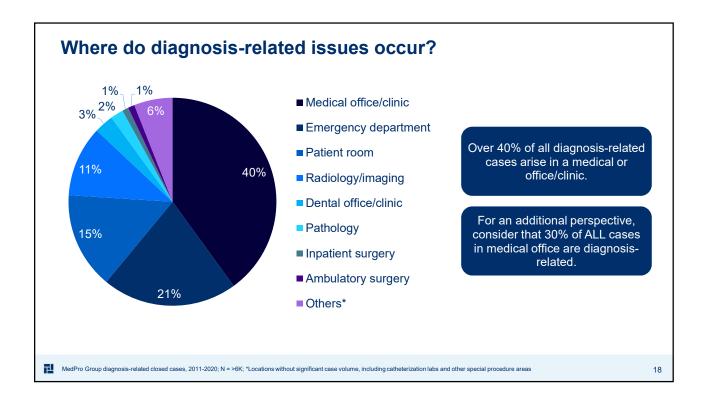










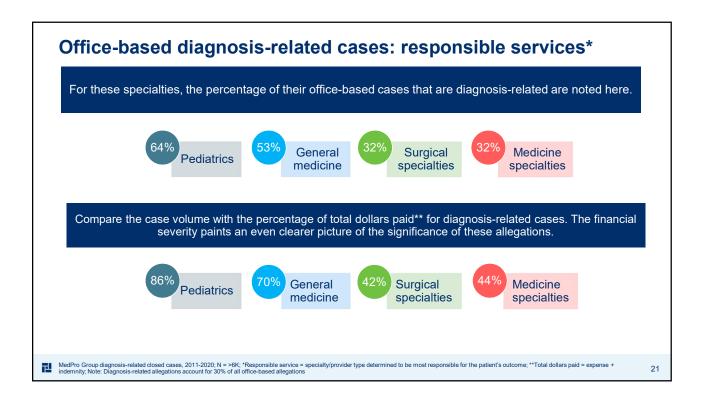


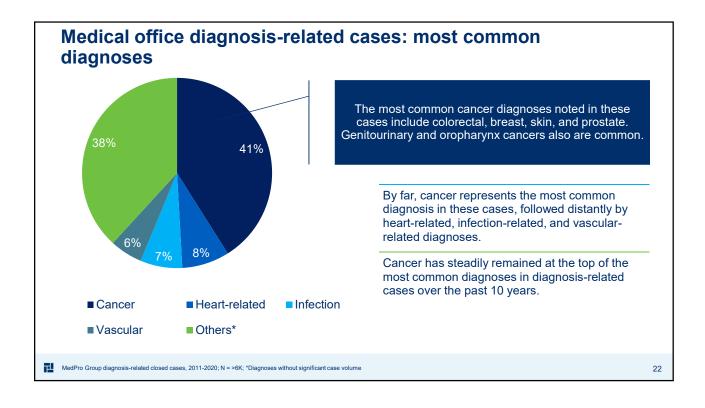
Case Study-Physician office-Test Tracking and Follow-Up Failures Lead to Delayed Cancer Diagnosis

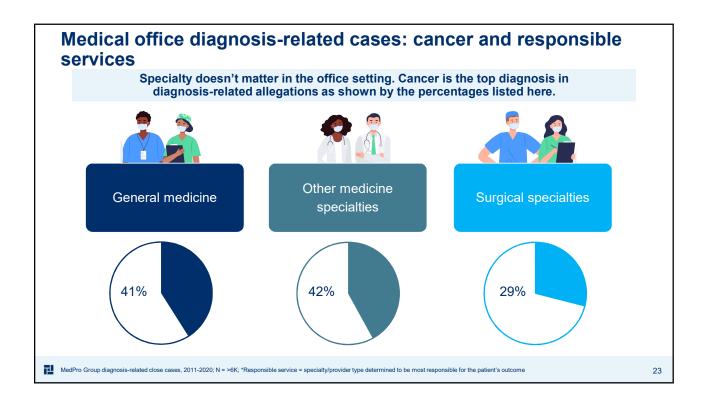
- 42 year old female
 - History of HPV, infertility, yeast infections, and abnormal PAP smears
- Presented to provider for routine Pap smear
 - Specimen sent to private lab versus hospital lab
- Provider reviewed results which revealed endocervical adenocarcinoma in situ
- Provider delegated office staff to call and notify patient of results & schedule a return appointment
- Patient presents 2 years later for routine checkup

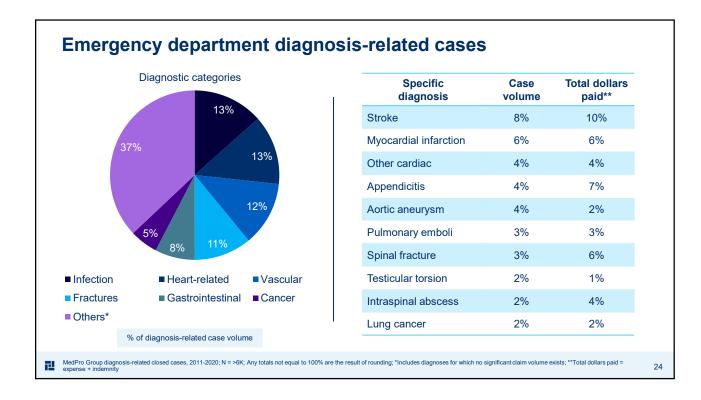
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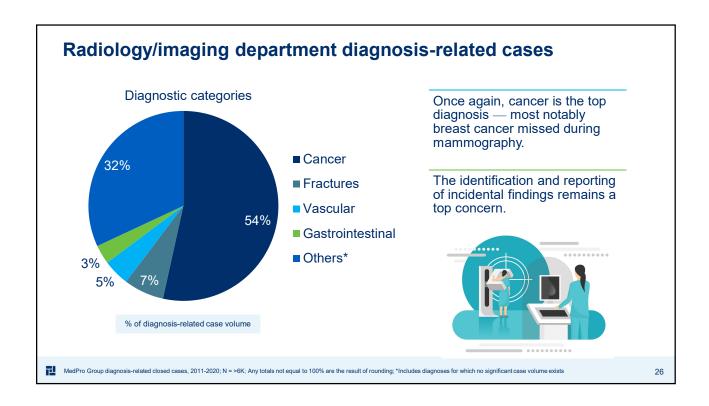


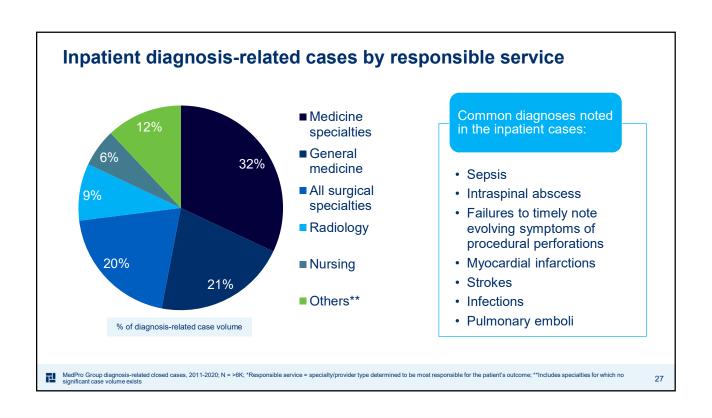


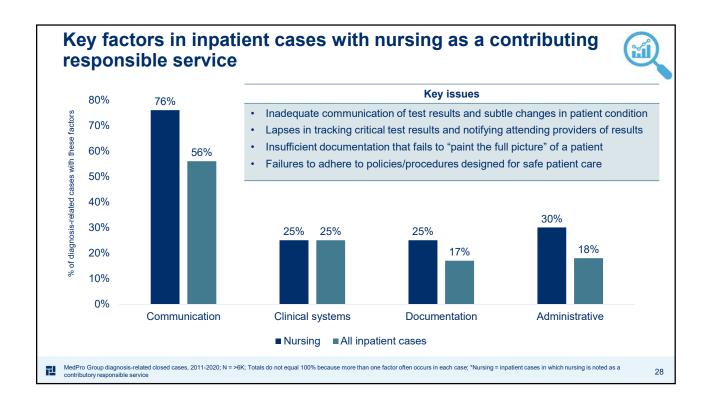
Case study-ED-Failure to Diagnose Myocardial Infarction Leads to Tragic Outcome

- 47 year old female
 - Presented to ED with complaints of shoulder discomfort, back pain, nausea, dizziness, and chest tightness
 - · Had been working in the yard earlier that day
- ECG ordered and negative
- · Bias of physician
- Found dead 2 days later
- Autopsy concluded death was a result of an MI due to atherosclerotic cardiovascular disease

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Contributing factors

Contributing factors are multilayered issues or failures in the process of care that appear to have contributed to the patient outcome and/or to the initiation of the case.

Generally, a combination of issues — rather than just one issue — leads to malpractice cases.



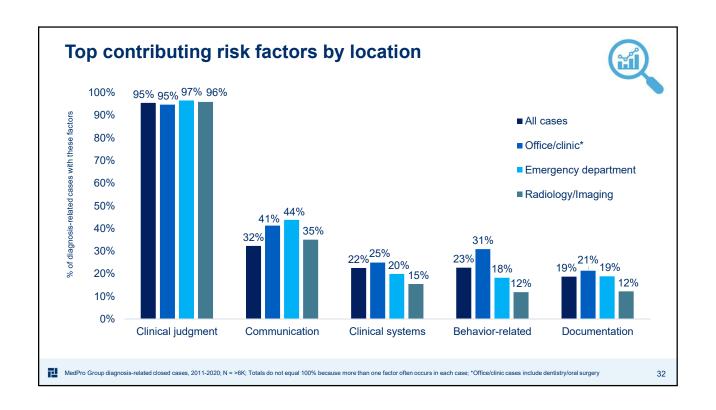
"Contributing factors reflect both provider and patient issues. They denote breakdowns in technical skill, clinical judgment, communication, behavior, systems, environment, equipment/tools, and teamwork. The majority are relevant across clinical specialties, settings and disciplines; thus, they identify opportunities for improvement."

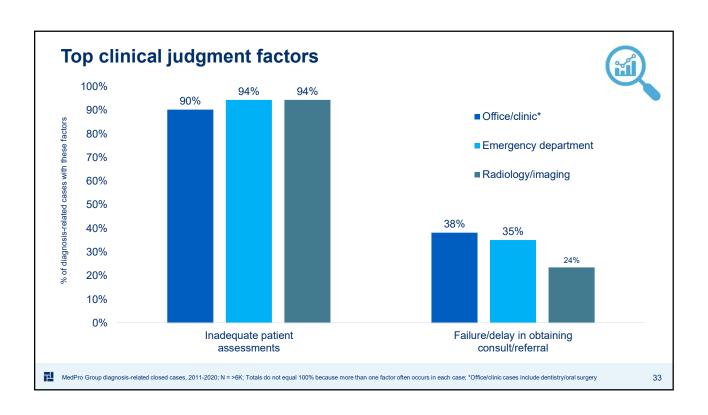


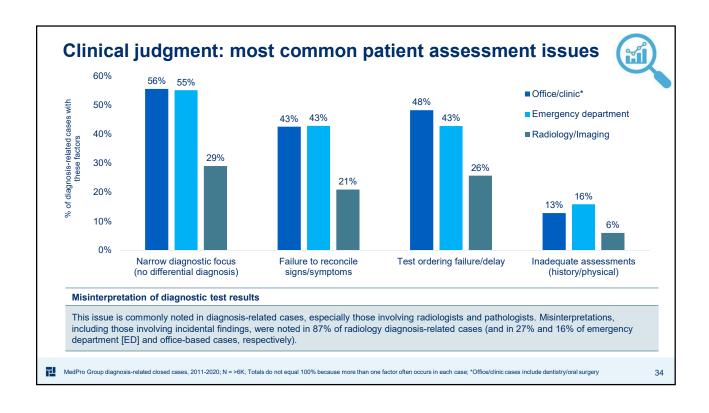
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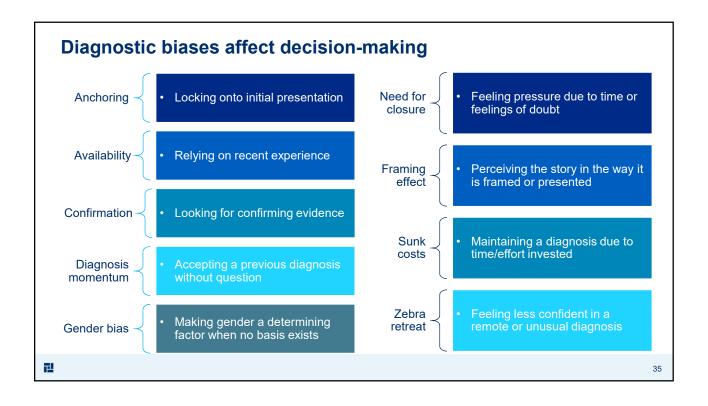
CRICO Strategies. (2020). The power to predict: Leveraging medical malpractice data to reduce patient harm and financial loss. Retrieved from www.rmf.harvard.edu/Malpractice-Data/Annual-Benchmark-Reports/The-Power-to-Predict

Overlap of errors in diagnosis-related cases 9% assessment "Errors commonly take place during assessment & follow up more than one phase of the patient's route from presentation to diagnosis. Further investigating cases that expose a cross-section of errors enables clinical and patient safety 29% 10% assessment leaders to identify underlying systems follow up all & testing issues that recurrently impede providers from completing the diagnostic process successfully." 6% testing testing & follow up CRICO Strategies. (2014). Annual benchmarking report: Malpractice risks in the diagnostic process. Retrieved from www.rmf.harvard.edu/Malpractice-Data/Annual-Benchmark-Reports/Risks-in-the-Diagnostic-Process









Case studies: cognitive biases

Gender bias



40-year-old woman presented to the ED for abdomen and jaw pain. She had a recent history of treatment for gastroesophageal reflux disease. ED documentation didn't reflect cardiac concern, and the patient was discharged with gastrointestinal (GI) medication and a colonoscopy order. Five days later, she died from myocardial infarction.

Framing



Male in his early twenties, an intravenous drug user, presented to the ED with low back pain (rated 8/10 on pain scale). He was treated with ketorolac and ibuprofen and discharged with no diagnostic testing and an unresolved pain level. The patient returned to the ED the next day with lower extremity paralysis. He was diagnosed with a spinal abscess and suffered permanent paralysis.

Anchoring/ diagnostic momentum



A 38-year-old female, who was receiving care for anemia from a hematologist, complained several times of nausea and diarrhea over a 2-year timeframe. She was diagnosed with Graves' disease and had a total thyroidectomy. GI symptoms continued, but no rectal exam or hemoccult screening was ever performed. The patient eventually was diagnosed with Stage IV colon cancer.

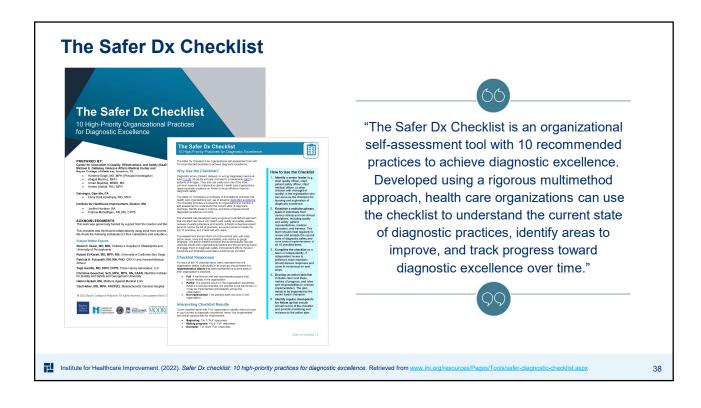
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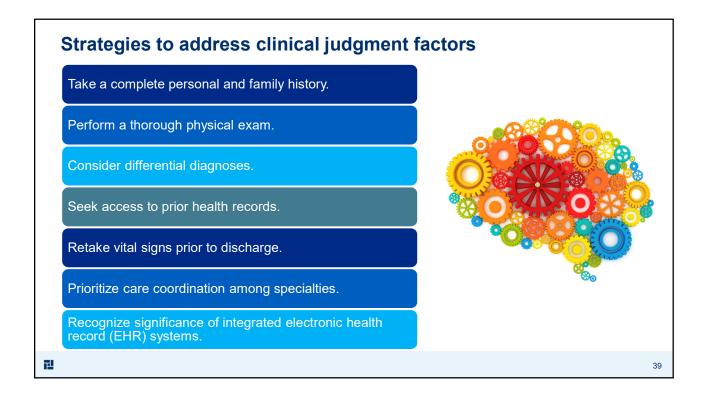
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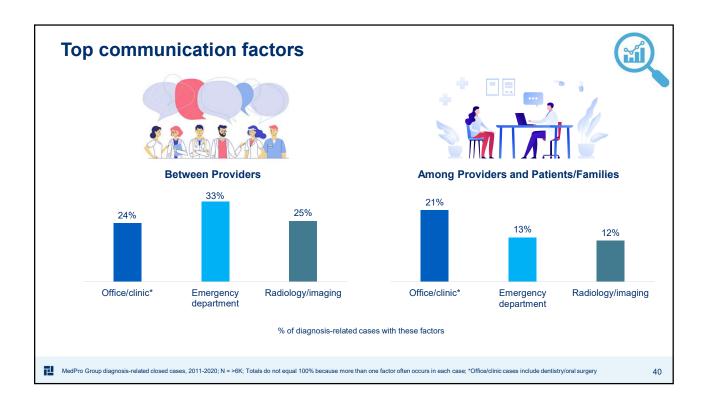
General diagnosis-related checklist

Graber, M., Sorensen, A., Biswas, J., et al. (2014). Developing checklists to prevent diagnostic error in emergency room settings. Diagnosis, 1(3):223-231.

Have I ruled out must-not-miss diagnoses?	Yes	No
Did I just accept the first diagnosis that came to mind?	Yes	No
Was the diagnosis suggested to me by the patient or another healthcare provider?	Yes	No
Is information available about this patient that I haven't obtained and reviewed (e.g., from old records, family members, or a primary care provider)?	Yes	No
Are there any pieces that don't fit?	Yes	No
Did I review the X-ray myself?		No
Was this patient handed off to me from a previous shift?	Yes	No
Was this patient seen in the ED or clinic recently for the same problem?	Yes	No
Was I interrupted/distracted excessively while evaluating this patient?	Yes	No
Am I feeling fatigued right now or cognitively overloaded?	Yes	No
Is this a patient I don't like (e.g., a difficult patient) or like too much (e.g., a friend)?	Yes	No

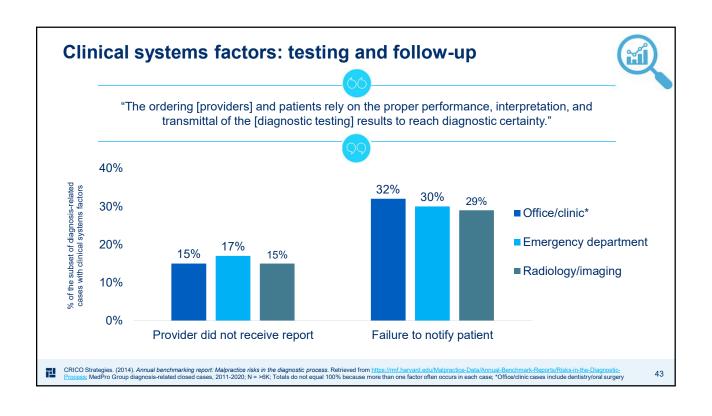






Strategies to improve communication Collect and review all pertinent diagnostic information via: • An EHR structure that allows access to other providers' notes. • Verbal communication of findings about the patient from other providers. • Identification of subtle changes that might not be individually noteworthy, but could be significant as part of the big picture (particularly when multiple providers are involved in patient care). • Reading the health record/incidental findings. And then: • Focus on care coordination (next steps and who is responsible). • Give thorough and clear patient instructions. • Consider the patient's health literacy and other comprehension barriers.

Patient	60-year-old male who presented for inguinal hernia surgery.	
Summary	Preoperative X-rays revealed right lobe lung nodule (incidental finding).	Y
	Surgeon and internal medicine (IM) physician both received the radiology report, which included a recommendation for a computed tomography (CT) scan.	
	X-ray report was included in the IM office's EHR system; however, the system was new, and providers/staff had not received complete training. Thus, the IM physicial did not see the report.	
	The surgeon did not discuss the results with the patient because she assumed the IM physician would do so.	ie
Outcome	One year later, the patient was diagnosed with Stage IV lung cancer.	



Case studies: failure to follow up with patient



New finding (ED)

Liver lesion on CT scan noted as consistent with hemangioma, and a follow-up CT scan was recommended. Follow-up testing revealed nonspecific, conflicting findings. An internist told the patient that no further treatment was needed. The doctor did not further investigate the conflicting reports. Two years later, the patient presented to an ED with abdominal pain. A radiology tech reported that a CT scan showed a possible renal stone. The official CT report was not reviewed until after the patient was discharged. The report noted a liver lesion suspicious for malignancy. No one notified the patient. Three years later, the patient was diagnosed with metastatic colon cancer.

Routine screening (office)

Lab results showed that a patient's prostate-specific antigen level was elevated; however, the finding was located on the second page of the lab report. The physician did not see it, which resulted in a long-delayed diagnosis of prostate cancer.

No problem list (office)

A patient's routine mammogram revealed new micro-calcifications. A 3-6-month follow-up was recommended and completed. The patient's primary care provider reviewed the results, but did not notify the patient. The patient was seen several times over the next 18 months, but no problem list was present in her record, and the provider did not communicate the results of the follow-up mammogram. As a result, the patient had a delayed diagnosis of breast cancer.

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Strategies to address clinical systems factors

Create and review problem lists at each visit.

Develop a reliable process for communicating test results received after discharge.

Track and document missed and cancelled appointments.

Document follow-up attempts.

Coordinate care among specialties.





Do not use a "no news is good news" approach. Advise patients to call for test results if they do not receive them within a specified timeframe.

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Patient behaviors

Patient behavioral issues affect the diagnostic process.

Nonadherence to care is noted in 23% of all diagnosis-related cases, most predominately in the office/clinic setting.

Patient failures to adhere to scheduled follow-up appointments and treatment regimens are the most common adherence issues.



MedPro Group diagnosis-related closed cases, 2011-2020; N = >6K

Strategies to address patient behavioral issues

Engage patients as active participants in their care.

Use technology such as patient portals and apps.

Encourage patients to ask questions and voice concerns.

Consider patients' health literacy when communicating.

Identify barriers such as financial, social, and cultural factors.

Carefully document nonadherence using objective information.

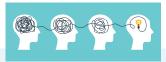
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Addressing low health literacy

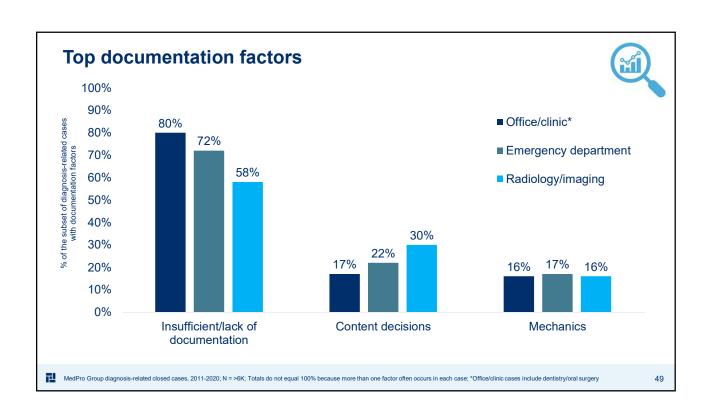
Clear communication can improve a patient's comprehension and adherence.

- · Speak slowly and clearly.
- Focus on and repeat "need to know" concepts and information.
- · Avoid medical jargon.
- Use illustrations and other visual aids to explain important concepts.
- Involve patients' families and significant others (with permission).

- Use plain language educational materials.
- Encourage interactive dialogue.
- Use the "teach-back" technique to gauge comprehension.
- Encourage patients to ask questions and raise concerns.
- Provide treatment and follow-up care instructions verbally and in writing.



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Electronic documentation risks

Documentation gaps/errors in transition from paper records to electronic records or from one EHR system to another

New error pathways, particularly when trying to force old habits on a new system

Inconsistencies in use of the system and following policies

Flow of information not intuitive

Copy/paste errors

Failure to use system capabilities (e.g., alerts and reports related to patient allergies and medication lists)

Hybrid systems — paper and electronic

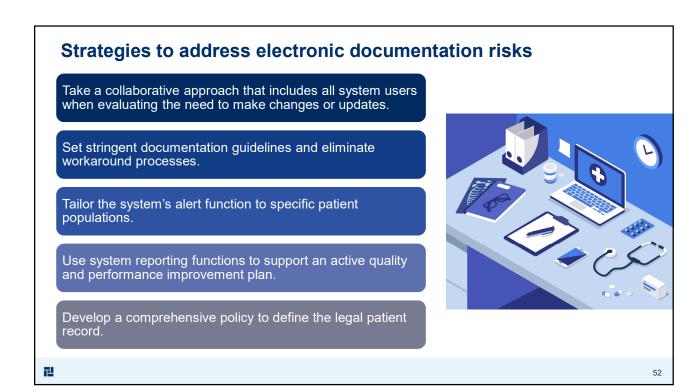
First year of use — experience and training

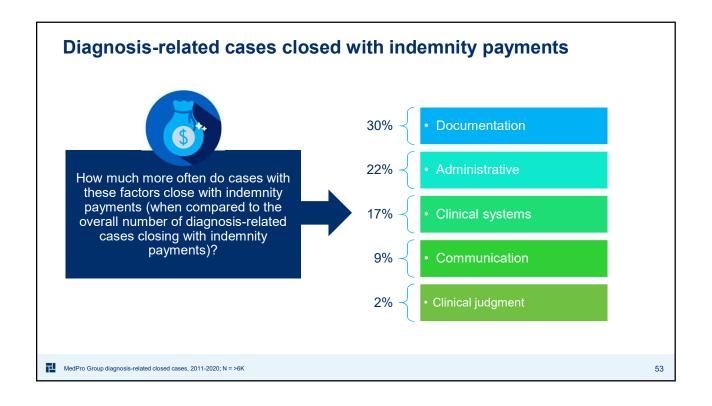


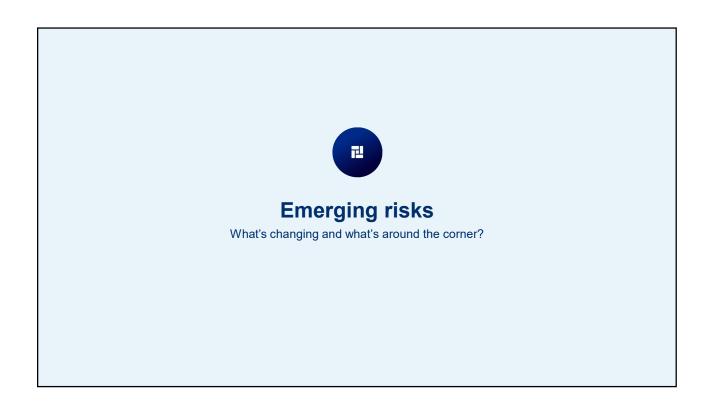
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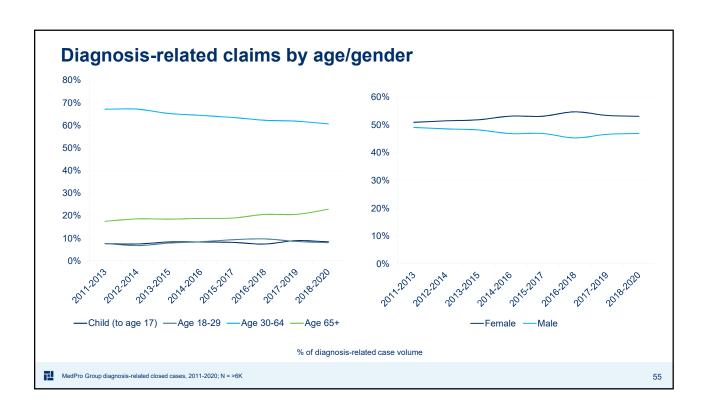
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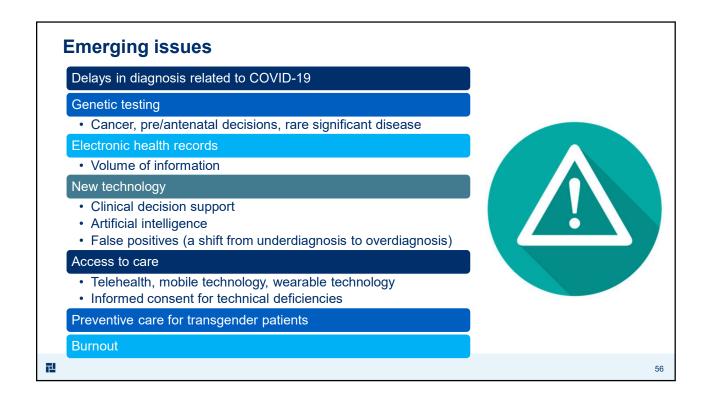
Case study: inaccurate transcription of lab test order **Patient** Male patient in his mid-eighties was admitted to the hospital for shortness of breath. Summary The patient was diagnosed with restrictive lung disease. He was given a prescription for an inhaler; no pulmonary function tests were ordered. A week later, a B-type natriuretic peptide (BNP) test to evaluate for congestive heart failure was ordered. A blood metabolic profile (BMP) test order was transcribed and THAT test was completed. The error was not discovered for several weeks. Outcome By the time of discovery, the patient had been diagnosed with severe heart failure and died shortly thereafter. 朻 51

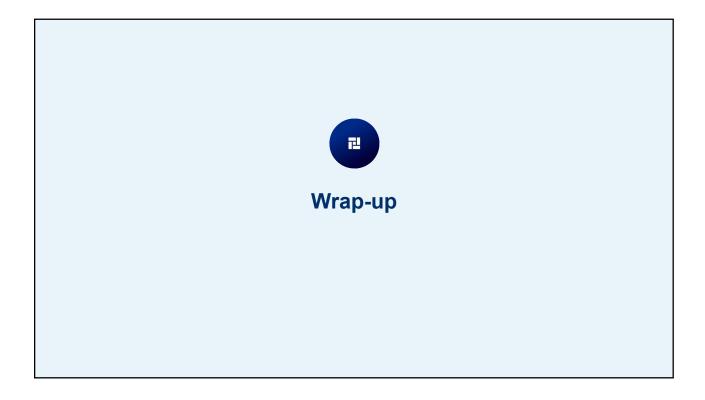












Listening/ patient assessment	Understand patient complaint and concerns.
	Update and review medical and family history.
Awareness/ suspicion	Be alert for high-risk diagnoses, such as cancer, myocardial infarction, pulmonary embolism, stroke, and certain infections (specialty oriented).
	Maintain problem lists.
Reconsideration	Use cognitive aids (e.g., decision support, metacognition, and debiasing techniques acknowledge emotions, plan for alternative diagnoses, and use checklists.
Consults/testing	Assess procedures for handoffs and care coordination, and identify areas for improvement.
	Formalize procedures for notifications of results and overreads.
Tracking/follow-up	Review processes for test tracking, consults/referrals, appointment setting, and patient nonadherence.
Documentation	Document thorough, objective information about informed consent discussions, patient education, and patient nonadherence.

Risk-reduction strategies

Evaluate and revise current processes for risk exposure.

- Assess policies and procedures.
- Review tracking mechanisms for diagnostic results.

Monitor data continuously.

- Review occurrence data.
- Review patient complaints.

Establish processes to address emerging risks within the practice.



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Improving Diagnosis in Health Care

Eight goals

- 1. Facilitate teamwork (include patients/families).
- 2. Enhance professional education/training in the diagnostic
- Ensure technology supports the diagnostic process.
- Monitor the diagnostic process to identify, learn from, and reduce diagnostic errors and near misses.
- Establish a nonpunitive culture that supports the diagnostic process and improves diagnostic performance.
- Facilitate voluntary reporting of errors and near misses.
- Design a payment and care delivery system that supports the diagnostic process.
- 8. Provide dedicated funding for research on the diagnostic process and errors.



Solving diagnostic errors requires a broad focus.

National Academies of Sciences, Engineering, and Medicine. (2015). Improving diagnosis in health care. Washington, DC: The National Academies Press.

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Summary

Diagnostic errors represent a frequent, serious, and costly risk. Significant opportunities exist to reduce them.

Diagnosis-related cases often involve multiple contributing factors and more than one provider. Strategies to address diagnostic errors should target common contributing factors.

Every specialty contributes to the volume of diagnosis-related cases. For many specialties, diagnosis-related allegations account for more than half or close to half of their malpractice cases.

Cancer continues to be the top diagnosis cited in diagnosis-related cases from the office/clinic setting.

By identifying and better understanding the factors and biases that contribute to diagnostic errors and subsequent malpractice cases, healthcare organizations and providers can implement corrective actions to improve quality of care and reduce liability exposure.



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MedPro Group resources

Clinical Judgment in Diagnostic Errors: Let's Think About Thinking www.medpro.com/documents/10502/2820774/Article Clinical+Judgment.pdf

Communication in the Diagnostic Process

www.medpro.com/documents/10502/2820774/Communication+in+the+Diagnostic+Process.pdf

Risk Factors That Contribute to Diagnostic Errors www.medpro.com/documents/10502 /2820774/Risk+Factors+That+Contribute+to+Diagnostic+Errors.pdf

Risk Tips: Engaging Patients to Improve Diagnosis www.medpro.com/documents/10502/3667697/Risk+Tips Engaging+Patients+to+Improve+Diagnosis MedPro+Group.pdf

Risk Tips: Reducing Diagnostic Errors in Emergency Medicine www.medpro.com/documents/10502/3667697/Risk+Tips Reducing+Diagnostic+Errors+in+Emergency+Medicine.pdf

More resources are available at www.medpro.com/dynamic-risk-tools.

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Other resources

Agency for Healthcare Research and Quality

 Patient Safety Primer: Diagnostic Errors https://psnet.ahrq.gov/primers/primer/12/Diagnostic-Errors

Institute for Healthcare Improvement

• Safer Dx Checklist: 10 High-Priority Practices for Diagnostic Excellence www.ihi.org/resources/Pages/Tools/safer-diagnostic-checklist.aspx

National Academies of Science, Engineering, and Medicine

Improving Diagnosis in Health Care www.nap.edu/catalog/21794/improving-diagnosis-in-health-care

Society to Improve Diagnosis in Medicine

- Clinical Reasoning Toolkit www.improvediagnosis.org/clinicalreasoning/
- Clinician Checklists www.improvediagnosis.org/clinician-checklists/
- Patient's Toolkit for Diagnosis www.improvediagnosis.org/patients-toolkit/

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Questions?

Thank you for your time

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