

Swapna Deshpande, MD, FAPA

Dr. Deshpande is board certified in Adult psychiatry as well as board certified in Child and Adolescent Psychiatry. In addition, she is board certified in Obesity Medicine.

Dr. Deshpande was also awarded the Fellow Status for the American Psychiatry Association (APA) in 2014 and distinguished fellow for American Academy for Child and Adolescent Psychiatry (AACAP) in 2020. She was the President of Oklahoma Council for Child and Adolescent Psychiatry, a regional branch for the national organization of AACAP from 2018-2021. She was a faculty with University of Oklahoma, Health Sciences Center from 2009 -2020 and was the Child Psychiatry Fellowship Director from 2014 to 2020. She is currently an Associate Clinical Professor at Oklahoma State University from 2020 to present.

Specialized training: Dr Deshpande has broad training in various kinds of specialized psychotherapies including cognitive behavioral therapy, psychodynamic therapy, and trauma informed therapy. She has obtained specialized trainings in Child abuse and Neglect from OU Child Abuse fellowship, Functional medicine training from institute for functional medicine,

Psychoanalytic and psychodynamic therapy training from Baltimore Washington Institute for Psychoanalytic Training.

Teaching: Dr. Deshpande was the Program Director for The Child Psychiatry Fellowship from 2014 to 2020. She has given didactics, provided direct clinical supervision in outpatient child psychiatry clinic and consultation liaison service at University of Oklahoma Health Sciences Center, Children's hospital, and Oklahoma State University (OSU) Health Sciences Center (2020- present) and mentored numerous medical students, adult psychiatry residents, child psychiatry fellows since 2009. She has won several awards for outstanding teaching over many years.