

OKLAHOMA D.O.

SPRING 2023 | VOL. 86, NO. 4

123rd ANNUAL CONVENTION



OSTEOPATHIC *Embrace*

OKLAHOMA OSTEOPATHIC ASSOCIATION
123RD ANNUAL CONVENTION
MAY 4 -7, 2023

SHERATON OKLAHOMA CITY
DOWNTOWN HOTEL
OKLAHOMA CITY, OK



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OKLAHOMA OSTEOPATHIC ASSOCIATION

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For more information:
405-528-4848
Fax: 405-528-6102
Email: ooa@okosteo.org
www.okosteo.org

OKLAHOMA D.O.



- 6 PRESIDENTIAL TRIBUTE
The OOA pays tribute to OOA Board of Trustees President, Jonathan K. Bushman, DO, for his year of dedicated service.

123rd ANNUAL CONVENTION



OSTEOPATHIC
Embrace

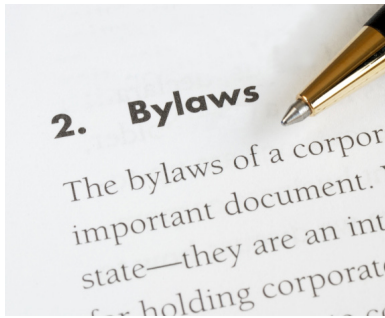
- 9 OOA HYBRID 123rd ANNUAL CONVENTION
The 123rd Annual Convention of the Oklahoma Osteopathic Association is intended to address the ever-present changes we are experiencing in healthcare. Join us to celebrate this historic event as we inaugurate the fifth female physician as president of the OOA! Attend in-person or via Zoom.



- 16 RESIDENT MEMBER SPOTLIGHT: DELARAM HAJIMIRSADEGHI
Get to know your fellow osteopathic physicians with the OOA's Resident Member Spotlight featuring Delaram Hajimirsadeghi, DO.

SPRING 2023

Allison C. LeBoeuf, JD, Editor-in-Chief
Mykayla Laws, Editor



20 OEFOM CONSTITUTION & BYLAWS PROPOSED AMENDMENTS

The OEFOM Board of Trustees made recommendations to their Constitution & Bylaws and will present these updates during the 2023 annual business meeting, which will be held at the 123rd Annual Convention.

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A TRIBUTE

Jonathan K. Bushman, DO

OOA PRESIDENT
2022-2023



Dr. Bushman began his presidential year with a return to the basic tenets of service and community that lie at the heart of this association, leading his colleagues in a renewed commitment to the mission statement to “promote the health and wellbeing of all Oklahomans.” Recognizing the strength inherent in the OOA’s growing and diverse membership, Dr. Bushman encouraged open dialogue that included all members, rural and urban, new and lifelong, fostering a sense of fraternal partnership among them.

Embracing the ever-changing landscape of post-pandemic challenges within the profession, Dr. Bushman oversaw the creation of the OOA Physician Wellness Taskforce, striving to support the needs of each osteopathic physician through realistic and targeted services and discourse. Dr. Bushman’s epitomization of authentic servant leadership has set an example for future generations of OOA leaders for many years to come.

Oklahoma Osteopathic Association
Board of Trustees
2022 – 2023



OKLAHOMA OSTEOPATHIC ASSOCIATION
ADVOCACY AND WELL BEING

THANK YOU FOR YOUR SUPPORT!
YOUR MEMBERSHIP PROVIDES A
STRONG VOICE AT THE CAPITOL



FIND OUT MORE AT
WWW.OKOSTEO.ORG

Thank you Exhibitors!



CLINICAL PATHOLOGY LABORATORIES



Oklahoma Academy of Physician Assistants EST. 1974



Saint Francis Health System



OEFOM OKLAHOMA EDUCATIONAL FOUNDATION FOR OSTEOPATHIC MEDICINE

PREMIER



The Mobile Therapy Group

RICH & CARTMILL, INC. EST. 1922 INSURANCE • BONDS



St. Mary's REGIONAL MEDICAL CENTER

*Current exhibitors as of March 10, 2023

FREE Help for SoonerCare Patients to Quit Tobacco



Your advice makes a difference.

Talk to your patients about their tobacco use and recommend the Helpline for FREE support to quit.

Give your patients the best opportunity to quit by:

- Talking about quitting tobacco
- Referring them to the free Helpline services
- Providing SoonerCare members with approved medications



A Program of TSET

SoonerCare

123rd ANNUAL CONVENTION



OSTEOPATHIC *Embrace*

OSTEOPATHIC EMBRACE

The Osteopathic Embrace originates from the deep camaraderie that permeates the osteopathic profession. We embrace our roots in osteopathic manipulation treatment while also embracing the ever-changing medical landscape. This conference will embrace these topics and allow the osteopathic physicians of Oklahoma to continue providing excellent medical care for their patients.

After physicians depart from this program, they will better understand the emerging technologies in medicine and gain knowledge, including approaches to osteopathic manual medicine for the shoulder, how to appropriately prescribe controlled substances, and other skills that will build on and improve their practice of medicine.

THE OOA

The mission of the Oklahoma Osteopathic Association is to promote the health of all Oklahomans through education and advocacy for the osteopathic profession.

EXHIBITORS

We welcome these exhibitors. Be sure to visit them during the convention!

Clinical Pathology Laboratories	Rich & Cartmill
OSU-CHS Medical Library	Saint Francis
St. Mary's Regional Medical Center	SSM Health
Premier Physicians Group	
Oklahoma Academy of Physician Assistants	
The Mobile Therapy Group	
Oklahoma Educational Foundation for Osteopathic Medicine	

HOTEL & PARKING INFORMATION

Reserve your standard suite at the Sheraton Oklahoma City Downtown Hotel for the special group rate of \$125 per night by April 11, 2020. The Sheraton is just steps away from Bricktown. Rooms come with luxury bedding, flat-screen TVs, mini refrigerators and ergonomic work-spaces.

Call 405.235.2780 or visit <https://qrco.de/003003F> and enter Group Code OO3OO3F for discounted room rates.

This event is a pay-to-park event. If lodging at the Sheraton OKC Downtown Hotel, self-parking will be discounted to \$7 per day in the Century Center Garage. Daily rates may vary with other downtown OKC parking garages. Valet is available at \$27 daily.

QUESTIONS? Audrey Hendricks, Director of CME Programs | Phone: 405.528.4848 | Fax: 405.528.6102 | Email: audrey@okosteo.org

MAY 4-7, 2023
IN-PERSON OR LIVE-STREAMING

SHERATON OKLAHOMA CITY DOWNTOWN HOTEL
1 NORTH BROADWAY AVE.,
OKLAHOMA CITY, OK 73102

REBECCA D. LEWIS, DO, FACOFF
CONVENTION CHAIR
JONATHAN B. STONE, DO, FAAPMR
PROGRAM CHAIR

ACCREDITATION

The OOA is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The OOA designates this program for an anticipated maximum of 27.5 AOA Category 1-A credits and AAFP credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This program is accredited for both osteopathic and allopathic specialties.

HOW TO LIVESTREAM

The annual convention will also be streamed via the Zoom platform. **If you decide to register for virtual attendance, be sure to provide us with a valid email address.** Instructions on how to access the livestream will be sent to your email.

IMPORTANT CONVENTION INFORMATION



CANCELLATIONS

The OOA must receive requests for refunds before April 21, 2023, in order to be granted. A \$30 service fee will be charged. Registrations fees are not refundable after April 21, 2023. Extenuating circumstances will be reviewed on an individual basis.

MEMBERSHIP

Membership dues must be current at the time of registration to qualify for member rates. If you would like to join or renew your membership, please mark your registration form accordingly or contact Jacob Young at 405.528.4848 or jacob@okosteo.org.

PROGRAM SCHEDULE



THURSDAY

9 - 10 AM	OHPP Update
10 AM - 12 PM	General Session
12 - 1 PM	Lunch Break with Exhibitors
1 PM - 1:30 PM	OSU-COM Alumni Meeting
1:30 - 2:30 PM	Legalities of Supervision / Best Practices
2:30 - 3:30 PM	COVID Long Haul
3:30 - 3:45 PM	EXHIBITOR CONNECTION
3:45 - 4:30 PM	OOA Business Meeting (No CME Credit awarded)
4:30 PM	ACOFPP Update
5:30 PM	Legislative Update / Bureau on Legislation Meeting

FRIDAY

8 - 9 AM	CHPA Loperamide Safety Campaign Update
9 - 10 AM	General Session
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 AM - 12:15 PM	Active Shooter Procedures
12:15 - 1:15 PM	Lunch Break with Exhibitors
1:15 - 2:15 PM	AOA Update
2:15 - 3:15 PM	Proper Prescribing must sign in to receive credit!
3:15 - 3:30 PM	EXHIBITOR CONNECTION
3:30 - 5:30 PM	Risk Management
6 PM	Family Fun Night must sign in to receive credit!

SATURDAY

Out-Patient Medicine* Sponsored by the ACOFP-OK	
8 - 10 AM	Out-Patient Medicine Session
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 AM - 12:15 PM	Out-Patient Medicine Session
12:15 - 1:15 PM	Luncheon / Awards Ceremony
1:15 - 3:15 PM	Out-Patient Medicine Session
3:15 - 3:30	COFFEE BREAK
3:30 - 5:30 PM	Out-Patient Medicine Session

In-Patient Medicine^	
8 - 10 AM	In-Patient Medicine Session
10 - 10:15 AM	EXHIBITOR CONNECTION
10:15 AM - 12:15 PM	In-Patient Medicine Session
12:15 - 1:15 PM	Luncheon / Awards Ceremony
1:15 - 3:15 PM	In-Patient Medicine Session
3:15 - 3:30 PM	COFFEE BREAK
3:30 - 5:30 PM	In-Patient Medicine Session
6:15 - 7 PM	Reception
7 PM	Presidential Dinner Inaugurating Rebecca D. Lewis, DO, FACOFP as the 2023 - 2024 OOA President

SUNDAY (VIRTUAL)

8 - 9 AM	General Session
9 - 10 AM	Special Guest Rebekah Bernard, MD author of <i>Patients at Risk: The Rise of the Nurse Practitioner and Physician Assistant in Healthcare</i>
10 AM - 12 PM	General Session

* Separate Zoom link to view Out-Patient (Sponsored by the ACOFP-OK Chapter) will be provided & posted throughout announcements, online (www.okosteo.org/upcoming-cmes-events) & on the OOA Convention YAPP.

^ Separate Zoom link to view In-Patient Medicine will be provided & posted throughout announcements, online (www.okosteo.org/upcoming-cmes-events) & on the OOA Convention YAPP.

Schedule is subject to change. Updated schedule & session information will be available online (www.okosteo.org/upcoming-cmes-events) & on the OOA Convention YAPP as it is confirmed.



REGISTRATION FORM

MAY 4-7, 2023 | IN-PERSON OR LIVE-STREAMING

SHERATON OKLAHOMA CITY DOWNTOWN HOTEL | 1 NORTH BROADWAY AVE., OKLAHOMA CITY, OK 73102
 REBECCA D. LEWIS, DO, FACOFP, CONVENTION CHAIR | JONATHAN B. STONE, DO, FAAPMR, PROGRAM CHAIR
 EARN UP TO 27.5 AOA CATEGORY 1-A & AAFP CREDITS

Name _____ Degree _____

Preferred First Name for Badge _____ Guest(s) _____

City of Practice _____ Phone _____ Valid Email Address _____

Special Needs or Dietary Requests* _____

*Must be submitted before April 21, 2023

REGISTRATION FEES

- DO & MD Member Registration
- DO & MD Member
ONLY Proper Prescribing & Risk Management Registration*
- Retired DO & MD Member Registration
- DO & MD Non-Member Registration
- DO & MD Non-Member
ONLY Proper Prescribing & Risk Management Registration*
- Allied Health Provider Registration
- Allied Health Provider
ONLY Proper Prescribing & Risk Management Registration*
- Student | Intern | Resident | Fellow Registration
- Saturday Only DO & MD Member Registration*
- Saturday Only DO & MD Non-Member Registration*
- Saturday Only Allied Health Provider Registration*

	ON OR BEFORE 04.21.23	AFTER 04.21.23	ON OR BEFORE 04.21.23	AFTER 04.21.23
IN-PERSON REGISTRATION	\$ 649	\$ 699	\$ 699	\$ 749
	\$ 249	\$ 299	\$ 299	\$ 349
	\$ 399	\$ 449	\$ 449	\$ 499
	\$ 1244	\$ 1294	\$ 1294	\$ 1344
	\$ 749	\$ 799	\$ 799	\$ 849
	\$ 749	\$ 799	\$ 799	\$ 849
	\$ 349	\$ 399	\$ 399	\$ 449
	free	free	free	free
	\$ 315	\$ 345	\$ 345	\$ 375
	\$ 815	\$ 845	\$ 845	\$ 875
\$ 415	\$ 445	\$ 445	\$ 475	
VIRTUAL REGISTRATION	\$ 699	\$ 749	\$ 699	\$ 749
	\$ 299	\$ 349	\$ 299	\$ 349
	\$ 449	\$ 499	\$ 449	\$ 499
	\$ 1294	\$ 1344	\$ 1294	\$ 1344
	\$ 799	\$ 849	\$ 799	\$ 849
	\$ 799	\$ 849	\$ 799	\$ 849
	\$ 399	\$ 449	\$ 399	\$ 449
	free	free	free	free
	\$ 345	\$ 375	\$ 345	\$ 375
	\$ 845	\$ 875	\$ 845	\$ 875

Registration includes name badge(s), registration gift, and all meals and social events, including the Presidential Dinner & Party, unless otherwise noted.

*Includes AOA Update, Proper Prescribing Course, Risk Management Course, & Friday exhibit hall snack only

*Nine and half hours of AOA Category 1-A credit and Saturday lunch only

\$ _____ Registration + \$ _____ Membership Fee* + \$ _____ Guest/Extra Tickets* = \$ _____ Total Enclosed/Due

*if applicable

GUEST REGISTRATION

- Spouse/Guest Registration

	ON OR BEFORE 04.21.23	AFTER 04.21.23
\$ 220	\$ 245	

ADDITIONAL GUEST TICKETS

	ADULT	CHILD
<input type="checkbox"/> Thursday Lunch Ticket	_____ x \$ 30	_____ x \$ 20
<input type="checkbox"/> Friday Lunch Ticket	_____ x \$ 30	_____ x \$ 20
<input type="checkbox"/> Friday Family Fun Night Ticket	_____ x \$ 60	_____ x \$ 25
<input type="checkbox"/> Saturday Lunch Ticket	_____ x \$ 30	_____ x \$ 20
<input type="checkbox"/> Saturday President Dinner Ticket	_____ x \$100	_____ x \$100

NOTE: Membership dues must be current at the time of registration and at the time of the conference to qualify for member rates. Requests for refunds must be received before April 21, 2023, and a \$30 service fee will be charged. No refunds after April 21, 2023. A printed syllabus will not be available.

PAYMENT INFORMATION:

- Check enclosed (check must be made payable to OOA representing payment for items checked.)
- Credit Card Information Below (all information must be provided below for your card to be processed.)
- VISA MASTERCARD DISCOVER AMERICAN EXPRESS

Name on Card _____

Credit Card No. _____

Exp. Date _____ 3 Digit CID No. _____

Billing Address _____

City _____ ST & ZIP _____

Signature _____

MEMBERSHIP FEES

<input type="checkbox"/> 4 or more years in practice	\$ 595
<input type="checkbox"/> 3rd Year of Practice	\$ 495
<input type="checkbox"/> 2nd Year of Practice	\$ 395
<input type="checkbox"/> 1st Year of Practice	\$ 295
<input type="checkbox"/> Military	\$ 100
<input type="checkbox"/> Out-of-state	\$ 100

TO COMPLETE YOUR REGISTRATION

- Mail this form to 4848 N. Lincoln Blvd., OKC, OK 73105
- Fax this form to 405.528.6102
- Register online at www.okosteo.org/upcoming-cmes-events

IMPORTANT PARKING & HOTEL INFORMATION

This event is a pay-to-park event. If lodging at the Sheraton OKC Downtown Hotel, self-parking will be discounted to \$7 per day in the Century Center Garage. Daily rates may vary with other downtown OKC parking garages. Valet is available at \$27 daily.

Call 405.235.2780 or visit <https://qrco.de/003003F> and enter Group Code 003003F for discounted room rates.



Book Rooms Here



Register Here

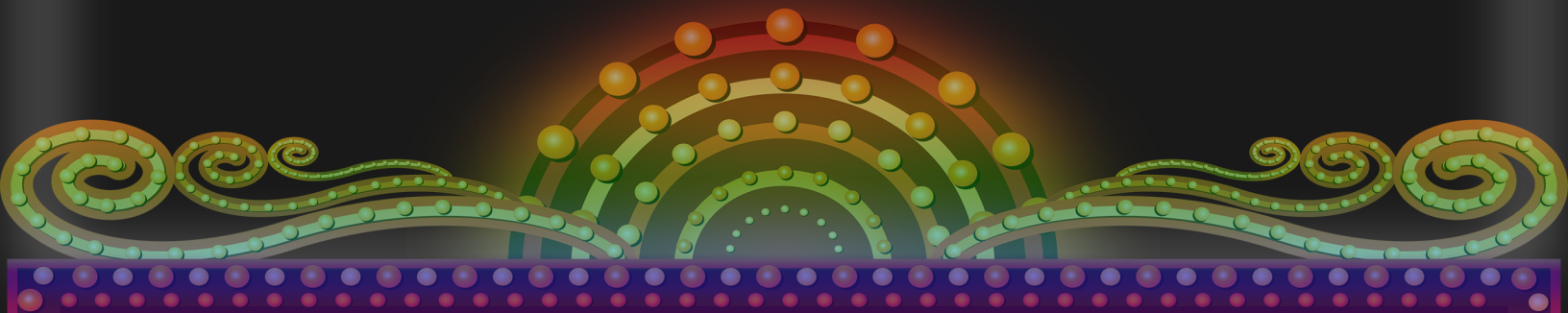
FAMILY FUN NIGHT

DEFOM Silent
Auction
Arcade Games
Skee Ball
PLINKO
DJ
Dancing
Face Painting
Food

ONE BROADWAY

FRIDAY MAY 5, 2023

7PM





Black & White Ball

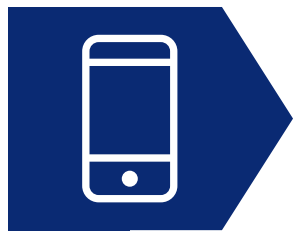
7 PM SATURDAY, MAY 6, 2023

Honoring
THE 2023 DOCTOR OF THE YEAR &
OUTSTANDING AND DISTINGUISHED SERVICE AWARD RECIPIENT

Featuring
THE INAUGURATION OF REBECCA D. LEWIS, DO, FACOFP

Followed by Entertainment
BY BORN IN NOVEMBER

Banquet Guest Tickets: \$100 | Attire: Cocktail Dresses & Suits

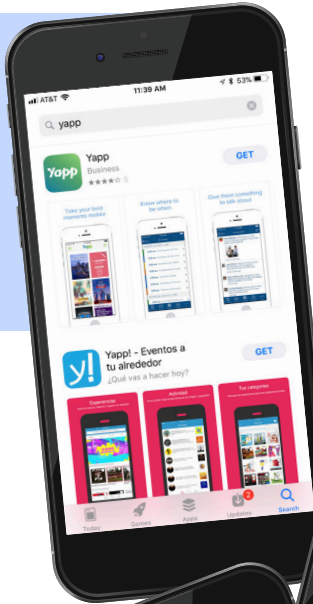


DOWNLOAD INSTRUCTIONS

OOA 123RD ANNUAL CONVENTION APP

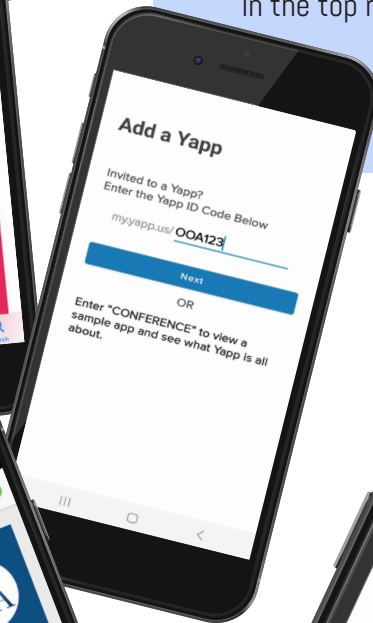
STEP 1

Open your app store on your mobile device & search for "Yapp". Download it.



STEP 2

Open the app and click the button in the top right-hand corner (it's a circle with a plus sign inside). Type in the code '00A123' into the space.



STEP 3

The OOA's Convention app should appear in your library automatically. Click the photo.



STEP 4 Enjoy the app! Explore all of the information located inside by clicking the different menu items. Create a profile to connect with other attendees in the Social Feed.



TSET AWARDS PROJECT ECHO \$4.5M TO IMPROVE RURAL HEALTH CARE

BY SARA PLUMMER



From left: Megan Claybrook, Kelly Murray, Tessa Chesher and Ana Mazur take part in a Project ECHO session at Legacy Plaza in Tulsa.

The Tobacco Settlement Endowment Trust (TSET) Board of Directors awarded \$4.5 million over three years to OSU Center for Health Sciences. The funding will be used for the expansion of Project ECHO, a program designed to improve health care in rural areas.

The Extension for Community Health Care Outcomes (ECHO) model enables health care providers in rural and underserved areas to connect with specialists at academic medical centers via a digital platform for training and consultation.

“TSET is excited to partner with OSU to increase the impact of Project ECHO around the state,” said Marshall Snipe, chair of the TSET Board of Directors. “Access to quality health care is key to improving the overall health of all Oklahomans.”

Rural communities account for nearly 34% of Oklahoma’s population but struggle to provide robust access to health care due to hospital closures and provider shortages. Oklahoma ranks No. 48 in the number of active physicians per 100,000 people and No. 47 in active primary care physicians.

Lack of access to routine health care leads to higher rates of morbidity and death due to unmanaged chronic illness and more advanced diseases diagnosed at later stages. With fewer providers and lim-

ited options for specialists, complex medical cases can be difficult to manage in smaller rural hospitals. The system is expected to face additional strain in coming years due to an aging population and the expansion of Medicaid.

“We are grateful to partner with TSET to expand access to health care with the goal of improving health outcomes in rural areas of our state,” said Dr. Johnny Stephens, president of OSU-CHS. “With this generous funding, Project ECHO will expand lines of care to support more health providers and physicians across the entire state of Oklahoma. Our mission and passion at OSU-CHS is to train health professionals to serve rural and underserved populations, as well as to provide innovative solutions to support Oklahoma health providers.”

Since 2017, OSU-CHS has reached over 70,000 participants in all 77 counties using the ECHO model. The new TSET funding will help support the development of new lines of ECHO care, such as diabetes, pediatric obesity and hypertension management.

Project ECHO develops the capacity for safe and effective treatment of chronic, common, and complex diseases in rural and underserved areas. It also strengthens rural health systems by reducing provider isolation and increasing retention in rural areas.



Resident Member Spotlight

DELARAM HAJMIRSADEGHI, DO
FAMILY MEDICINE



Why did you choose your field?

I enjoy building long-term relationships with my patients and continuing to treat them.

What College of Osteopathic Medical School did you attend and when did you graduate?

Oklahoma State University Center for Health Sciences class of 2020.

What do you do when you are not practicing medicine? (Favorite hobby)

Favorite hobby is cooking. I enjoy taking recipes and changing the ingredients or adding other ingredients to make it more tasty.



What is something you have always wanted to try, but never did?

I have always wanted to go on a hot air balloon tour.

What is your favorite holiday? And why?

Thanksgiving. Because I get to try some new recipes and best of all, get to eat!

Who was your childhood hero?

What did they do that inspired you?

My childhood hero was my grandmother. She could do anything and seemed to know everything from cooking to managing her job outside of the home. She went back to school after having 6 children in order to get her bachelors degree and eventually become the vice president of a high school.

What is your all-time favorite song?

"I Will Survive" by Gloria Gaynor

What is your all-time favorite movie?

Legally Blonde

What is your bucket list destination?

Bora Bora



What is the best piece of advice that was given to you?

Believe in yourself and know you can do anything you set your mind to.

What advice do you have for the younger generation?

Follow your heart and never give up on your dreams.

Do you know someone famous? If no, who would you like to meet?

I would love to meet Reese Witherspoon.

What is the most important thing about the work that you do?

I feel like I genuinely make a difference in my patient's lives. It is my honor to be their physician, and I am grateful that they trust me to care for them.

What was a highlight of this last year?

Getting engaged

What food could you eat every day?

Fruits and Cava





SUPPORT OOPAC IN 2023!

DO YOUR PART
TO PROTECT AND PROMOTE
OSTEOPATHIC MEDICINE IN
OKLAHOMA.

2023 OOPAC CONTRIBUTION LEVELS

- PLATINUM PAC PARTNER \$2,500+
- EXECUTIVE PAC PARTNER \$1,000-\$2,499
- PREMIER PAC PARTNER \$500-\$999
- PAC PARTNER \$499 OR LESS

2023 OOPAC INVESTMENT

- MY PERSONAL CHECK MADE PAYABLE TO "OOPAC" IS ENCLOSED IN THE AMOUNT OF \$ _____
- I WOULD LIKE TO MAKE A ONE-TIME CONTRIBUTION. PLEASE CHARGE MY CREDIT CARD \$ _____
- I COMMIT TO MONTHLY CONTRIBUTIONS TO OOPAC. PLEASE CHARGE MY CREDIT CARD:
 - \$2,508 (\$209 PER MONTH)
 - \$1,200 (\$100 PER MONTH)
 - \$1,008 (\$84 PER MONTH)
 - \$504 (\$42 PER MONTH)

- VISA
- MASTERCARD
- AMERICAN EXPRESS
- DISCOVER

ACCOUNT NUMBER: _____ EXPIRATION DATE: _____

NAME AS IT APPEARS ON CARD: _____ CID: _____

ADDRESS: _____

CITY, STATE, ZIP: _____

OCCUPATION: _____ EMPLOYER: _____

SIGNATURE: _____

I DECLARE THAT THIS CONTRIBUTION IS FREELY AND VOLUNTARILY GIVEN FROM MY PERSONAL PROPERTY. I HAVE NOT DIRECTLY OR INDIRECTLY BEEN COMPENSATED OR REIMBURSED FOR THE CONTRIBUTION. *THIS PERSONAL CONTRIBUTION IS NOT DEDUCTIBLE AS A DONATION OR BUSINESS EXPENSE.*

PLEASE MAIL TO:
OOPAC, 4848 N. LINCOLN BLVD., OKLAHOMA CITY, OK 73105-3335

YOU MAY ALSO CALL THE OOA OFFICE AT 405-528-4848 AND GIVE OVER THE PHONE

Stethoscope Sponsorship Program

Name on Card: _____

Sponsored By: _____

Card Number: _____

Exp. Date: _____ 3 digit CVC: _____

Degree: _____

Billing Address: _____

\$150



Signature: _____



The Oklahoma Osteopathic Association and Oklahoma Educational Foundation for Osteopathic Medicine partner annually to provide incoming first-year medical students Cardiology-IV stethoscopes. We are offering osteopathic physicians the opportunity to sponsor a stethoscope to future osteopathic physicians.

AOA CATEGORY 1-A CREDITS WHENEVER • WHEREVER

The CME Center, a collaboration with other state associations, is a hub for on-demand programs, webinars, and live educational opportunities addressing a broad spectrum of topics covering practice management, healthcare regulation and relevant clinical issues.

Visit www.thecmecenter.org, create an account & access over 150+ CMEs instantly! With more constantly being added, DO CME is the place to get the latest on-demand lectures.



To watch OOA sponsored lectures on The CME Center, scan the QR Code or visit www.thecmecenter.org/topicarea/ooa-oklahoma



The Oklahoma Educational Foundation for Osteopathic Medicine was founded in 1967 with the mission of providing support to past, present, and future osteopathic physicians through scholarships and other financial aid. In 1985, the OEFOM Board of Trustees decided to build a safe haven for the osteopathic community located at 4848 N Lincoln Blvd, naming it the Oklahoma Osteopathic Educational Center. Thirty-seven years later, the mission and vision remain the pillars of the OEFOM. However, time has moved on, and the funds have dwindled due to COVID-19 hardship scholarships, building maintenance, multiple student scholarships, stethoscope donations, and other day-to-day necessities.

I am writing to you today to ask for your consideration of a tax-deductible contribution of \$100, \$250, \$500, or \$1,000 or more to the general fund and/or the building maintenance fund. Your contribution, of any amount, to any of the following funds would be greatly appreciated.

- | | |
|--|--|
| <input type="checkbox"/> General Fund | <input type="checkbox"/> Building Maintenance Fund |
| <input type="checkbox"/> Student Stethoscope Sponsorship | <input type="checkbox"/> Please use my contribution where it's needed most |

Tax-deductible gifts can be easily made to OEFOM in the following ways:

- Make a secure donation online at www.okosteo.org » Foundation [tab at top right of page] » Donate to Foundation
- Scan the QR Code to be taken directly to the donation page
- Mail this form with your check or credit card information to 4848 N. Lincoln Blvd., Oklahoma City, OK 73105

Credit Card Information:

Credit Card Type: American Express ____ Visa ____ MasterCard ____ Discover ____

Card #: _____ Card Exp. Date: _____

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Thank you in advance for your continuing financial support that will allow the OEFOM to support osteopathic medical students and to maintain the headquarters for both OEFOM and the OOA.

Sincerely,



Allison C. LeBoeuf, JD
OEFOM Secretary, Treasurer
On behalf of the OEFOM Board of Trustees



*The OEFOM was founded in 1967 and chartered by the State of Oklahoma as a 501(c)(3) nonprofit, charitable organization, with objectives to promote and support the education of physicians and students in osteopathic medicine.
If you have questions as to how your dollars are being spent, call (405) 528-4848.*

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PROPOSED AMENDMENTS: The OEFOM Constitution & Bylaws

The following are proposed amendments to the Oklahoma Educational Foundation for Osteopathic Medicine's Constitution & Bylaws.

Recommendations were made by the OEFOM Nominating Committee for the 2023 annual business meeting, which will be held on Friday, May 5, 2023.

Proposed Amendment A: OEFOM Constitution, Article IV. Board of Trustees

Section 3.

Trustees who have served ~~one~~ two consecutive three-year term shall be ineligible for re-election or re-appointment to the Board of Trustees. ~~for a period of one year.~~ However, service as a trustee due to one's position as the President, President-Elect, Vice President, or Executive Director of the Oklahoma Osteopathic Association shall not be counted for purposes of this term limit.

Proposed Amendment B: OEFOM Bylaws, Article II Board of Trustees

Section 4.

If, for any reason, a member of the Board shall be unable or unwilling or shall otherwise fail to perform the duties required of ~~his~~ the office, then in that event the Board of Trustees may give such member notice of not less than thirty (30) days that a hearing shall be conducted by the Board of Trustees to determine if the office shall be declared vacant. At the close of such hearing the Board of Trustees shall have the discretion of declaring such office vacant, in which event, the Board of Trustees shall elect a person to fill the office and serve in that capacity until the next annual session.

Happy Birthday

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Liem Q. Trang, DO
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- 4 Marc D. Knudsen, DO
Michael E. Maddox, DO
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John D. Tran, DO
Michael D. David, DO
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- 6 John E. Fell, DO
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R. Troy Lehman, DO
- 7 Jaron Marriott, DO
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Ronald R. Hopkins, DO
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Michael Williams, DO
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- 14 Donna Hand, DO
Matthew L. Haney, DO
- 15 L. Kyle Hrdlicka, DO
Jeffrey L. Anderson, DO
- 16 James I. Graham, DO
Theodore W. Pollock, DO
Jennifer L. Berends, DO
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Michael Opong-Kusi, DO
Monte D. Veal, DO
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TaRynn Freeman, DO
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Beau C. Jennings, DO
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- 18 Kara M. Bear Butler, DO
Joe M. Anderson, DO
- 19 Brad A. White, DO
- 20 Jefferson C. Loyd, DO
- 21 Kathy L. Stubbs, DO
David M. Keuchel, DO
- 22 R. Kelly McMurry, DO
David M. King, DO
Stephanie E. Letney, DO
William R. Holcomb, DO
- 23 William L. Buchanan, DO
Lori L. Hake, DO
- 24 Christian L. Koopman, DO
Daniel G. Morris, DO
Joel A. Adkisson, DO
Justin K. Parschauer, DO
Sabrina L. Schrader, DO
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Regina M. Lewis, DO
Ryan D. Wilson, DO
Sarah E. Land, DO
Dale C. Askins, DO
- 26 Rebecca A. Biorato, DO
Robin M. Carson, DO
Jennifer Briggs, DO
- 27 Angelo A. D'Alessandro, DO
Amanda R. Green, DO
Jacinda M. Leadford, DO
Kenneth E. Hamilton, DO
Phyllis C. Nolan-Watkins, DO
Sheila G. Simpson, DO
- 28 Erin R. Kratz, DO
Gary L. Steinbrook, DO
Justin S. Sparkes, DO
Sarah M. Hall, DO
Mark A. Cascairo, DO
- 29 Bret S. Langerman, DO
Courtney Wylie, DO
Cynthia M. Berry, DO
Michelle Bates, DO
- 30 Aaron Q. Lane, DO
David W. Campbell, Jr., DO
Kyle T. Jones, DO
Laurie C. Clark, DO
Thomas L. Costner, DO
Carl M. Fisher, DO

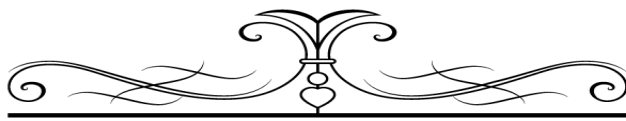
April

- | | | | | | | |
|--|---|--|---|---|--|---|
| 1 Joshuan N. Hicks, DO
Terri A. Nickel, DO
Chad E. Borin, DO | 2 Bradley R. Mons, DO
Julie A. Curry, DO
Lawrence E. Huber, DO
Lisa M. Regal, DO
Maika Nguyen, DO
Qualls E. Stevens, DO
Shelly D. Faubion, DO
Terence E. Grewe, DO
Violet Saint John, DO
Allen D. Baughman, DO | 3 Anne Winsjansen Burton, DO
Donald N. MacIver, DO
Tanya S. MacLaren, DO
Timothy J. Frink, DO
Michael Wyly, DO | 4 Brent W. Hinkle, DO
Trenton L. Mefford, DO | 5 Brandon M. Bailey, DO
Erin N. Hill, DO
Julie M. Marrow, DO
Michael T. Cannon, DO
Theresa A. Murch, DO
Wallace J. Champlain, Jr, DO
Paul G. Bizzle, DO | 6 Nancy K. Walter, DO
Casey L. Snodgrass, DO
Frank P. Goodman, DO
Robert T. Leheuw, DO
Sarah E. Cox, DO | 7 Jaclyn Jones, DO
Ted W. Kaspar, DO
James C. Cooper, Jr., DO
Juanita Pappas, DO |
| 8 Benjamine M. Welch, DO
David R. Ring, DO
Marchel W. Clements, DO
Martian A. Bohl-Witchey, DO | 9 Crystal Dockery, DO
Ely Gordon, DO
Melissa A. Gastorf, DO
Patrick M. Cody, DO
Roy L. Goddard, Jr., DO | 10 Jack S. Aldridge, DO
George M. Cole, DO
Kevin M. Riccitelli, DO
Harriet H. Shaw, DO
Eric T. Hogan, DO
Timothy H. Sanford, DO | 11 C. Scott Anthony, DO
Cheryl A. Boyd, DO
Douglas W. Brant, Jr., DO
C. Michael Ogle, DO | 12 Beth M. May, DO | 13 Gabriel M. Pitman, DO
Thomas W. Essex, DO
Kenneth D. Ostmo, DO | 14 Donna R. Hill, DO
Katherine L. Shepherd, DO
Robert C. Burwell, DO
Steffen E. Carey, DO |
| 15 Perry W. Evans, DO
Andrew P. Crow, DO
Dustin R. Beck, DO
Shanay Herring, DO
Shanna E. Hampton, DO
C. Lon Smith, DO | 16 Sheila J. Smith, DO
Emily Grewe-Nelson, DO | 17 Margaret A. Stripling, DO
Jonathan R. Clark, DO
Heather J. Weber, DO | 18 Justin W. Fairless, DO
Ashley N. Shelley, DO
John T. Maple, DO
Kash K. Biddle, DO
Nicole M. Willis, DO
Tracy L. Asher, DO
Anthony L. Cruse, DO | 19 Stephanie E. Kelly, DO | 20 Stephanie E. Kelly, DO
B. Frank Shaw, Jr., DO
Ronald S. Stevens, DO
Cary L. Laceyfield, DO
Dustin W. Cupp, DO
Mark H. Thai, DO
Parker K. Truong, DO | 21 Gary E. Johnston, DO
Kenneth R. Trinidad, DO
Ashley Muckala, DO
Paulette P. Bennett, DO
Robert J. Gunderson, DO
Stacia B. Shipman, DO |
| 22 Leslie J. Shoemaker, DO
Mark D. Gage, DO
Roy N. Skousen, DO
Royce L. Bargas, DO
Gail R. Marchant, DO
Robert J. Wiebe, DO | 23 Denny R. Parton, DO
Joel D. Huddleston, DO
Jon R. Mills, Jr., DO
Mary K. Mills, DO | 24 Matthew Bentley, DO
Donald L. Suttmiller, DO
Leah G. Baxter, DO
Robert W. Worden, DO
Raymond W. Deiter, DO | 25 Joseph R. Schlecht, DO | 26 J. Dewayne Geren, DO
Britt D. Morris, DO
Hilda Rodriguez, DO
Joseph M. Nicholson, III, DO
Kathryn B. Hughes, DO
Kelli H. Dyer, DO
Michael P. McLaughlin, DO
Paula A. Deupree, DO
Roberto Gonzalez, Jr., DO | 27 Mark D. Callery, DO
Atul A. Walia, DO
James P. McClay, DO
Lenard B. Phillips, Jr., DO
Steven J. Finley, DO | 28 James R. Turrentine, DO
Larry D. Cherry, DO
Christopher O. Gasbarra, DO
Richard J. Helton, DO
Laurel E. Stacy, DO |
| 29 Billy D. Schumpert, Jr, DO | 30 R. Jeffrey Cotner, DO
Cyrus D. Motazedi, DO
Lauren A. Mitchell, DO | 31 Christian M. Ellis, DO | | | | |

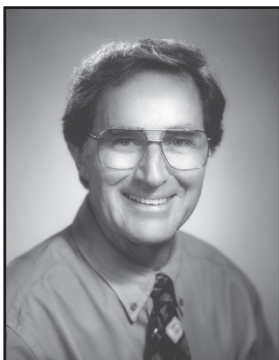
May

- | | | | | | | |
|--|---|--|--|--|--|---|
| 1 E. Joseph Sutton, II, DO
Cameron C. Henderson, DO
Gregg J. Eichman, DO
Yvan N. Thomas, DO
Robert D. Baker, DO | 2 Toby M. Abraham, DO
Robert D. McCullough, II, DO
Kelly A. Fitzpatrick, DO
Jason D. Remington, DO
Jason L. Riffe, DO
L. Janelle Whitt, DO
Scott E. Hendrickson, DO
Shannon Hillier, DO
Tom A. Hamilton, DO | 3 Benjamin A. Kamp, DO
DiAnne E. Adams, DO
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Mousumi Som, DO
Randall L. Kemp, DO
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Harry E. Marden, Jr., DO
Larry G. Mobly, DO | 4 Donald W. Hahn, DO | 5 David W. Heitman, DO
David M. Gearhart, DO
Dennis J. Carter, DO
Eric D. Long, DO
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Valerie M. Pack, DO
Marie J. Carter, DO
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Kayla R. Pratt, DO | 6 Donald R. Barney, DO
Linda Lantrip, DO
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Clayton A. Garrett, DO
Kayla Lakin-Southern, DO
Keri S. Conner, DO
Susan J. Jones, DO
Gerald M. Martin, DO | 7 William Hoskinson, DO
Christopher A. Lane, DO
G. Adam Vascellaro, DO
Nathan Barney, DO |
| 8 Alfred T. Hulse, DO
Phillip W. Jones, DO
Michael E. Salrin, DO
Nick T. Reynolds, DO | 9 Wendis A. Santana-Joyce, DO
James Brull, DO
Casey L. Cochran, DO
Chelsey D. Griffin, DO
Danny E. Thomason, DO
Marilyn Appiah, DO | 10 Robert W. Hasselman, DO
Vernon S. Smith, DO
William J. Pettit, DO
Christie Leal, DO
Dereck A. Peery, DO
Thomas S. Ivan, DO
Donald G. Dunaway, DO | 11 Erin L. Balzer, DO | 12 Ashton Clayborn, DO
Jay M. Williamson, DO
Daniel E. Wildes, Jr., DO
Keenan L. Ferguson, DO
Keith R. Layne, DO
Ron M. Gann, DO | 13 Andrew J. Tartaglione, DO
Keith W. Russell, DO | 14 Andrew S. Ryals, DO
Douglas A. Matey, III, DO
Deena R. Wise, DO
James W. Stephens, DO
E. Dawn Campbell, DO |
| 15 Craig A. Anderson, DO
Erin K. Allen, DO
James R. Davis, DO
Patrick A. Sharp, Jr., DO
Robert A. Moody, DO
Vu A. Ngo, DO
Lindsey B. Barnes, DO | 16 Harry Chayne Fisher, DO
Constance G. Honeycutt, DO | 17 Larry J. Dullye, II, DO
Daniel J. Joyce, DO
Travis J. Nelson, DO
Welsey M. Stotler, DO | 18 James E. Harrington, DO
Stephanie L. Hall, DO
Kevin J. Gordon, DO | 19 Jeffrey L. Galles, DO
Gregory A. Hill, DO
William Woods, DO
Anthony G. Bascone, DO | 20 Jason K. Regan, DO
Michael J. Major, DO
Ronald M. Cable, Jr., DO | 21 Tobin S. Crow, DO
Brian E. Lamkin, DO |
| 22 M. Adele King, DO
Byron J. Marr, DO
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Jeffery L. Gibson, DO
Jim G. Melton, DO
Ronald N. Oglesby, DO
Ryan T. Ericksen, DO
Matthew L. Else, DO | 23 Ross Riddle, DO | 24 Robert L. Archer, DO
Bret H. Holland, DO
Gina E. Clark, DO
Ladd C. Atkins, DO | 25 Sharon E. Noel, DO
Arielle M. Allen, DO
Damien W. Kinzler, DO
Stanley R. Stacy, DO | 26 Mark D. Erhardt, DO
Mercedez D. Bernard, DO
Barry D. Troutman, DO | 27 Rick L. Robbins, DO
Jonathan D. Kirkland, DO | 28 David S. James, DO |
| 29 Asha Raju, DO
Marvin Williams, Jr., DO | 30 David L. Bradshaw, DO
Michael A. Whinery, DO
Lindsey N. Dodson, DO
Mike Irvin, DO
Dianna M. Willis, DO | | | | | |

June



In Memorium



On Tuesday, January 31, 2023, Thomas H. Nulf, DO's selfless journey on earth ended shortly after his ninetieth birthday. Born to Harold and Nana Nulf in 1932, Tom was raised in Dearborn, Michigan and spent summers on Halfmoon Lake. He graduated Dearborn High School in 1950, Albion College in 1954 and went on to get his Doctor of Osteopathic Medicine in 1958 from the University of Kansas School of Medicine. After which he practiced medicine as a surgeon for over 55 years in Tulsa, Oklahoma, receiving the high honor of Fellow of the American College of Osteopathic Surgeons (FACOS). He served patients at the Oklahoma Osteopathic Hospital and the VA Hospital, always known for his kind bedside manner and youthful good looks.

Tom was the devoted husband to Glenda (Jones) Nulf from 1963 until she preceded in him death in 2009. Tom is survived by his son Thomas C. Nulf and daughter Jennifer (Nulf) Clark, and two grandsons Joseph and Jason.



David D. Quy, DO
1/30/1957
1/28/2023

No obituary published

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In Memory Of...

Honor a deceased physician by making a memorial contribution to the Oklahoma Educational Foundation for Osteopathic Medicine.

*An acknowledgment of your gift is sent to the family.
No amounts are mentioned.*

Call 405-528-4848
Visit www.okosteo.org
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OEFOM
4848 N. Lincoln Blvd.
Oklahoma City, OK 73105

*Robert D. McCullough, II, DO in Memorial for Stanley K. Rogers, DO
Barclay J. Sappington, DO in Memorial for David F. Hitzeman, DO
Barclay J. Sappington, DO in Memorial for Fredrick Northrop, DO
Barclay J. Sappington, DO in Memorial for W.W. Stoeber, DO
Barclay J. Sappington, DO in Memorial for James A. Coder, III, DO
Barclay J. Sappington, DO in Memorial for Thomas Russell, DO
Barclay J. Sappington, DO in Memorial for Stanley K. Rogers, DO*



FRIENDS OF THE OKLAHOMA OSTEOPATHIC ASSOCIATION

What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.



SCAN ME

BECOME A MEMBER TODAY!

FOOA regular member dues are \$50 annual (November 1 - October 31). Membership for the spouses of medical students and residents are FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both the OOA & FOOA dues if you'd prefer).

<p>FOOA Member Name: _____</p> <p>Mobile Phone: _____ Home Phone: _____</p> <p>Email: _____</p> <p><input type="checkbox"/> OOA Member Spouse, Parent or Other Loved One</p> <p><input type="checkbox"/> Resident Spouse <input type="checkbox"/> Medical Student Spouse</p>	<p>Amount Enclosed</p> <p>(\$50 for each FOOA membership; Spouses of Medical Students & Residents are FREE)</p> <p>\$ _____</p>
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OOA MEMBER FIRST FEMALE OSTEOPATHIC PHYSICIAN TO SERVE ON OKLAHOMA STATE BOARD OF OSTEOPATHIC EXAMINERS



In celebrating Women’s History Month, the OOA highlights a trailblazing member: Chelsey Gilbertson, D.O., the first female osteopathic-physician Oklahoma State Board of Osteopathic Examiners Board of Trustees member! Sworn in at the June 2022 meeting, Dr. Gilbertson is OSBOE’s first female osteopathic-physician member in its 100-plus year history. Dr. Gilbertson is a board-certified emergency medicine physician and vice president of Clinical Programs at Integris Health in Oklahoma City, Oklahoma. She is also a member of the OOA’s South Central District.

When asked what this opportunity means to her, Dr. Gilbertson said, “I am honored and humbled to serve on the OSBOE. In recognition of Women’s History Month and as the first female physician OSBOE member, I thank all women who have paved the way. I hope to serve as a role model for young women who desire a career in medicine.”

History has been made with the appointment of Chelsey Gilbertson, D.O., to the licensure board. The OOA is thrilled to highlight the accomplishments of an outstanding member of our osteopathic community.

Do you have good news to share? We would love to include it in our next edition of *Okahoma D.O.!* Contact Mykayla Laws at 405-528-4848 or mykayla@okosteo.org to submit your news today.

Welcome new members!

The OOA Board of Trustees welcomes our new members to the OOA family!

Kelley Marak, DO
Internal Medicine
Tahlequah, OK

Joe C. Russell, DO
Family Medicine/OMT
Fort Gibson, OK

Tammy Tandberg, DO
Family Medicine/OMT
Hugo, OK

To join the Bureau on Membership, contact Jacob Young at 405-528-4848 or jacob@okosteo.org. The Bureau on Membership meets once a month via Zoom.

Calendar of Events

March 21, 2023

Northwest District Meeting
Enid, OK

March 28, 2023

Osteopathic Medicine Day at the Captiol
Legislative Reception
Oklahoma City, OK

April 4, 2023

Bureau on Membership
via Zoom (7pm)

April 5, 2023

Bureau on Legislation
(6pm Dinner / 7pm Meeting)
Oklahoma City, OK & Zoom

April 6, 2023

OOA Bureaus & Board of Trustees
OSU-COM Advisory Council
Oklahoma City, OK

April 9, 2023

OMT Study Group
Oklahoma City, OK

May 4 - 7, 2023

123rd Annual Convention
"Osteopathic Embrace"
Sheraton Oklahoma City Downtown Hotel
Oklahoma City, OK

June 11, 2023

OMT Study Group
Oklahoma City, OK

Please join us at the
Oklahoma Osteopathic Association's

Legislative Reception

Tuesday, March 28th, 2023

5:00 - 7:30 p.m.

4848 N Lincoln Blvd.

Oklahoma City, OK 73105

At this come-and-go reception, our physician members would love the opportunity to meet you and share our appreciation for your service to our great state.

If you are available to attend, please RSVP to mykayla@okosteo.org by March 20th.

OKLAHOMA OSTEOPATHIC ASSOCIATION
4848 N. Lincoln Blvd.
Oklahoma City, Oklahoma 73105-3335

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