

Oklahoma D.O.

Fall 2024 | VOL. 88, NO. 2

THE JOURNAL OF THE OKLAHOMA OSTEOPATHIC ASSOCIATION





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okosteo.org

OKLAHOMA DO



6 HISTORICAL GRADUATING CLASS FROM OSU COLLEGE OF OSTEOPATHIC MEDICINE

Inaugural class of 46 medical students graduated from the country's first tribally affiliated medical school.



16 OOA GIVES OSU FIRST-YEAR STUDENTS TOOLS & SUPPORT

The OOA continues to provide first-year medical students with the tools and support they need as they begin their osteopathic journeys.



20 16TH ANNUAL RESEARCH POSTER SYMPOSIUM

Students and Residents have the opportunity to showcase their research at the OOA's 2025 Winter CME Seminar and win a scholarship.

FALL 2024

Roger Thompson, *Editor-in-Chief*
Catherine Bruce, *Editor*

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Historic inaugural class graduates from OSU College of Osteopathic Medicine at the Cherokee Nation

TULSA — Oklahoma State University College of Osteopathic Medicine at the Cherokee Nation celebrated a monumental achievement on May 16 as its inaugural class of 46 medical students graduated from the country's first tribally affiliated medical school.

The commencement ceremony, which graduated students from OSU College of Osteopathic Medicine and OSU-COM at the Cherokee Nation, was held at the Mabee Center in Tulsa.

“Tonight, we celebrate the realization of a dream, one that started over a decade ago when I served as president of OSU Center for Health Sciences,” said Dr. Kayse Shrum, president of OSU, during the ceremony. “We wanted to expand our efforts to better the health outcomes of rural Oklahomans, while also growing the medical school.”

Approximately 20% of the inaugural class are Native American. It's a substantial number compared to the less than 1% of Native American students enrolled in medical schools nationally. About 35% of the students from the inaugural class from OSU-COM at the Cherokee Nation matched with a rural or tribal residency program.

Cherokee Nation Principal Chief Chuck Hoskin Jr., said as the tribe celebrates this historic milestone they also honor the resiliency of their ancestors.

“Today their legacy lives on as this exceptional group

of future doctors prepares to break barriers and forge new paths in health care,” Hoskin said. “Their dedication not only addresses the critical shortage of rural doctors but also increases the representation of Native and Cherokee physicians within our health system and other tribal health systems in this state, ensuring top-notch care rooted in culture for generations to come.”

With health outcomes in Oklahoma ranking near the bottom nationwide, training physicians who will someday care for rural and underserved Oklahomans is a key mission of OSU Center for Health Sciences.

“These graduates, who have completed their training in the heart of the Cherokee Nation, embody the values of service, compassion and excellence that define both the Cherokee Nation and Oklahoma State University,” said OSU-CHS President Johnny Stephens. “Their journey has been one of dedication, perseverance, and cultural understanding. As they embark on their careers, they will carry with them the unique perspective and knowledge gained from this groundbreaking partnership.”

In August 2020, the inaugural class didn't just make history by being the first students attending a tribally affiliated medical school, they also started classes in the middle of a global pandemic.

“The first semester of medical school is difficult. Compound the stress of moving, forming new rela-

tionships, learning a high volume of complex information during a global pandemic, and you begin to understand the challenges faced by the class of 2024,” said Dr. Natasha Bray, OSU-COM at the Cherokee Nation dean. “The class of 2024 demonstrated resilience and leadership. They developed deep friendships and a culture of support both in the learning environment and the community. They developed a deep, and I hope enduring, appreciation of the role of physician in service.”

Ashton Glover-Gatewood, an enrolled member of the Choctaw Nation and descendent of the Chickasaw and Cherokee Nations of Oklahoma, was working as a nurse and health care administrator at the Oklahoma City Indian

Clinic when she applied to be part of the first class of medical students on the new Tahlequah campus.

“We’ve been through a lot as a class. I think we had a unique set of challenges, but we really grew together; we uplifted each other, and we helped each other,” Gatewood said. “I also feel a responsibility to represent my tribe. I hope that my story can inspire others to continue pursuing their dreams, especially Native students and women who may not have many mentors in their communities.”



AOA CATEGORY 1-A CREDITS WHENEVER • WHEREVER

The CME Center, a collaboration with other state associations, is a hub for on-demand programs, webinars, and live educational opportunities addressing a broad spectrum of topics covering practice management, healthcare regulation and relevant clinical issues.

Visit www.thecmecenter.org, create an account & access over 150+ CMEs instantly! With more constantly being added, DO CME is the place to get the latest on-demand lectures.



To watch OOA sponsored lectures on The CME Center, scan the QR Code or visit www.thecmecenter.org/topicarea/ooa-oklahoma



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The Oklahoma Osteopathic Association and Oklahoma Educational Foundation for Osteopathic Medicine partner annually to provide incoming first-year medical students Cardiology-IV stethoscopes. We are offering osteopathic physicians the opportunity to sponsor a stethoscope to future osteopathic physicians. Names will be included with the gifted Litmann Stethoscope to connect the sponsoring physician with the student recipient.

Oklahoma Osteopathic Association's

DOCTOR OF THE DAY

The Oklahoma Osteopathic Association is sponsoring the Doctor of the Day Program during the month of March at the Oklahoma State Capitol. The Doctor of the Day program provides a great opportunity to serve our state's leaders and learn about the legislative process at the same time.

Physicians are needed to serve in March on Mondays, Tuesdays and Wednesdays from 8:30 a.m. - 4:30 p.m., and Thursdays from 8:30 a.m. - noon. Each doctor can expect to see a handful of patients, be introduced in both the House and Senate chambers, and meet with their legislators. The OOA will provide talking points so you'll know the most pressing issues affecting you and your patients.

If you're interested in serving, please scan the QR code or contact Catherine Bruce at catherine@okosteo.org or 405-528-4848 to sign up. Thank you for your willingness to serve our great state!



MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
25	26	27	28	29	1	2
31	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Introducing our Member Spotlight...

Kalli Reimer

What is your specialty?
Family Medicine

How many years have you been in practice?
6 years

What College of Osteopathic Medical School did you attend?
Oklahoma State College of Osteopathic Medicine



What is something you have always wanted to try, but never did?
I would love to one day learn to bake and decorate cookies/cakes

What is your favorite holiday? And why
I love all of the decorations and lights at Christmas time

Do you have a favorite sports team?
OSU Cowboy Football

What is the sweet treat that you would break a diet
for?
Chocolate Chip Cookies



NOMINATE PHYSICIANS OR FRIENDS OF THE PROFESSIONS FOR THE 125TH ANNUAL CONVENTION

AWARDS

The Oklahoma Osteopathic Association's Bureau on Awards will determine award recipients to be honored during the OOA's 125th Annual Convention. These awards represent the highest honor the OOA can bestow in recognition of outstanding service and contribution to the osteopathic profession in Oklahoma.

Nominations are now being accepted through Wednesday, December 25, 2024, to honor deserving physicians and friends of the profession at the 125th Annual Convention. Only OOA members can submit an OOA Awards nomination form.

Nominations may be submitted to Jacob Young by email at jacob@okosteo.org or fax at 405-528-6102

The Oklahoma Tobacco Helpline Can Help Your Patients Quit

FREE SERVICES INCLUDE:



A supply of patches, gum or lozenges



A personalized Dashboard



Online support such as live group sessions and emails



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Encourage your patients to call **1-800-QUIT NOW** or visit **OKhelpline.com**.



OSU Center for Health Sciences names Dr. Sara Coffey Chair of Psychiatry and Behavioral Sciences Department



Dr. Sara Coffey named the new Anne & Henry Zarrow Endowed Leadership Chair of Psychiatry and Behavioral Sciences at OSU-CHS.

By Sara Plummer

TULSA — After a national search, OSU Center for Health Sciences has named Dr. Sara Coffey the Anne & Henry Zarrow Endowed Leadership Chair of Psychiatry and Behavioral Sciences. In this role, she will lead the psychiatry education strategy at the OSU College of Osteopathic Medicine including OSU Medicine’s Behavioral Medicine clinic, and serve as the institution’s key liaison to local, state and national mental health entities.

Dr. Coffey began her residency training at the University of Chicago and completed her fellowship training at Harvard Medical School. She received her medical degree from OSU College of Osteopathic Medicine in Tulsa where she returned to serve as an assistant professor in the Department of Psychiatry and Behavioral Sciences in 2017. In the last five years, she also served as Director of Clinical Operations for the Oklahoma Department of Human Services Child Welfare Division.

Her work in Oklahoma behavioral health is exten-

sive, from working with the Oklahoma Department of Mental Health to serving on advisory committees aimed at educating legislators on the issues facing mental health care, presentations advocating for adolescents with mental health challenges and the importance of caring for the needs of the behavioral health care workforce. Coffey is a frequent speaker at local, regional and national mental health conferences and is considered an expert on childhood trauma and emotional wellness in school settings. She is a published author in the American Journal of Psychiatry and who’s new book *Unpacked, A Psychiatrist Explores and Unpacks Our Collective Experience of the COVID Pandemic* is available for purchase online.

“After a thorough process of national scope, our search led us to the most highly qualified candidate right here at OSU-CHS,” said Dr. Johnny Stephens, president of OSU Center for Health Sciences. “Dr. Coffey is the right person to oversee our program here as we continue to lead the way for behavioral medicine in the state of Oklahoma.”

The timing of her selection comes when mental health statistics are grim, both nationally and in Oklahoma. According to research by the Healthy Minds Policy Initiative, Oklahoma is severely behind the national average in behavioral health care providers, but particularly psychiatrists and psychologists. In order to address this pressing need, OSU Center for Health Sciences has partnered with the Oklahoma Department of Mental Health and Substance Abuse Services, local philanthropists, the city of Tulsa and Tulsa County to build the new Oklahoma Psychiatric Care Center in downtown Tulsa, slated to open late 2025. The new hospital also will also dramatically increase residency slots for training new behavioral health professionals.

“The Anne & Henry Zarrow Foundation has supported the growth of OSU’s department of psychiatry from nearly its start,” said Bill Major, Foundation president. “We are excited to watch and learn as Dr. Coffey’s vi-

sion takes the department to the next level. Roughly 75% of the program’s graduates now practice in Oklahoma, and we know that the mental health landscape in our state will benefit from her leadership.”

“I am honored and humbled by this selection,” said Coffey. “Now more than ever, we need the right people at the table to address the mental health crisis we face as a city, state and nation. My team and I take very seriously our role in providing behavioral health care as well as preparing tomorrow’s psychiatrists to meet patients’ needs with compassion and knowledge, and we look forward to collaborating with our partners to meet this need,” she said.



SUPPORT OOPAC IN 2025!

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OKLAHOMA.

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PLEASE MAIL TO:

OOPAC, 4848 N. LINCOLN BLVD., OKLAHOMA CITY, OK 73105-3335

YOU MAY ALSO CALL THE OOA OFFICE AT 405-528-4848 AND GIVE PAYMENT OVER THE PHONE

Introducing our Student Member Spotlight...

Bridget Ha, OMS-II

What College of Osteopathic Medical School are you attending?

Oklahoma State University of Osteopathic Medicine



What year will you graduate?

I will graduate in 2027



Do you have a favorite sports team?

Oklahoma State Football

What is the best piece of advice that was given to you?

To live in the present and not wish away moments- even the hard ones



What was a highlight of this last year?

Starting medical school! I have met great people, had many cool experiences, and am excited

Do you know someone famous?

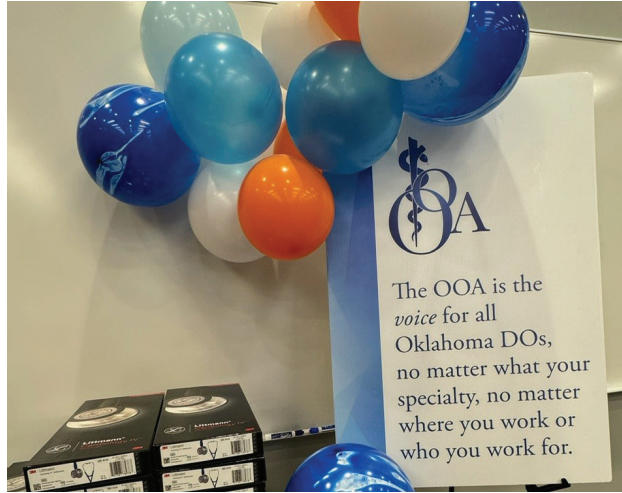
No, but I would like to meet Simone Biles! She is a great example of determination, resilience, and grit

What is the sweet treat that you would break a diet for?

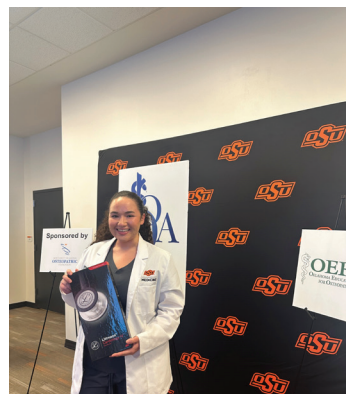
McDonald's M&M McFlurry



First Year Medical Students Receive Their First Stethoscope



The Oklahoma Osteopathic Association would like to say thank you to the Northwest Oklahoma Osteopathic Foundation and the Oklahoma Education Foundation for Osteopathic Medicine for sponsoring these stethoscopes!





Advertising Opportunities

Oklahoma
Osteopathic
Association

Digital

Homepage Ad

Display your company's logo or targeted message on the OOA's homepage, which has an average of 660 unique page views each month.

Social Media Post

Reach the OOA's 1,400+ Facebook fans, 1,800 Twitter followers and 300 Instagram followers with your company's message. Your content is subject to approval by the OOA and is limited to once per quarter per company.

OOA Report Blurb

The OOA Report is a weekly email statement sent to nearly 2,100 physicians, residents and medical students mainly in Oklahoma but also including a handful of out-of-state members representing 17 states around the country. Average open rate is 30%. Highest open rates occur in January, April and October.

CME App Tab

Reach attendees at any of our two continuing medical education seminars with a sponsored tab in our app. Each CME has its own app which attendees use to access the schedule, speaker information and lecture slides. The tab includes an image of your choice plus a description of your company or product, as well as links to your website and social media. For more information on our CMEs, please look at the descriptions in the *Exhibiting* section.

Publications

Oklahoma D.O. Journal

Electronic journal is distributed through the weekly OOA Report e-newsletter to nearly 2,100 physicians, residents and medical students and shared via the OOA's social media. Journals will also be posted to the OOA website for members to view. Print journals available upon request.

OOA Annual Directory

This yearly directory is dispersed to over 1,200 OOA members and used by many on a regular basis to connect with their colleagues. Print directories will be available upon request. Directories will also be posted to the OOA website for members to view.

Convention Program

Reach nearly 400 physicians with an ad in our annual convention program. Each in-person registrant receives one in their packet and it contains all of the vital information for the conference including the lecture schedule and social events. This program will also be posted to the OOA website for members to view.

Exhibiting

Winter CME

This CME attracts around 300 physicians and other health care professionals who are interested in discovering how your products and services will advance and improve their work. Each exhibitor will have individual booths near the food and beverage area where guests congregate.

Annual Convention

Held in May at the Sheraton Hotel in downtown Oklahoma City, this convention draws between 300-400 physicians across the United States both in-person and virtually. Choose from various booth options which will be set up in the dining and beverage area of the convention providing opportunities to connect with attendees. Convention includes four hours of exclusive, non-competing exhibit hours. Complimentary pre- and post-show attendee mailing list.



For more information contact Catherine Bruce at catherine@okosteo.org





Congratulations Dr. Shanell Gray for graduating from the Choctaw Residency Program!

Shanell Gray, D.O., grew up in Inola, Okla. She graduated in 2012 from Rogers State University in Claremore, Okla. with a degree in medical molecular biology. She continued her education at Oklahoma State University and in 2016 graduated with a masters in biochemistry and molecular biology. With those degrees in hand, she continued with the Arkansas College of Osteopathic Medicine where she graduated in 2021. Growing up in rural Oklahoma, she developed a love for the underprivileged and those in need. She's active in both the Oklahoma Osteopathic Association and American Osteopathic Association. She plans to continue as the first Choctaw Nation fellow in Oklahoma State University's Osteopathic Manipulative and Neuromuscular Medicine.

OOA CALENDAR OF EVENTS

September 19, 2024

Champions of Health Gala

September 20-22, 2024

OMED in San Antonio, TX

September 23, 2024

Bureau on Postgrad Ed.

October 1, 2024

Bureau on Membership via Zoom

October 2, 2024

Bureau on Legislative Dinner
Bureau on Legislative Meeting

October 3, 2024

Bureau on Convention
Bureau on Finance
OSU-COM Advisory Council
Bureau on Continuing Medical-
Education
OOPAC Committee
OOA Board of Trustees Meeting

October 30, 2024

Bureau on Physician Wellness via Zoom

November 5, 2024

Bureau on Membership via Zoom

November 6, 2024

Bureau on Legislative Dinner
Bureau on Legislative Meeting

November 7, 2024

Bureau on Convention
Bureau on Finance
OOA Board of Trustees Meeting

December 3, 2024

Bureau on Membership via Zoom

December 4, 2024

OOA Board of Trustees & Past-
Presidents (& Spouse) Christmas Party
Location: TBD

December 5, 2023

Bureau on Convention
Bureau on Finance
Bureau on Constitution & Bylaws
Bureau on Continuing Medical-
Education
Bureau on Strategic Planning
OEFOM Board of Trustees
OOA Board of Trustees Meeting



FRIENDS OF THE OKLAHOMA OSTEOPATHIC ASSOCIATION

What is FOOA?

The Friends of the Oklahoma Osteopathic Association is a membership association for the spouses, relatives, and loved ones of OOA Physician, Resident, and Medical Student members. The Mission of FOOA is to promote awareness of and support the Osteopathic Profession within Oklahoma through collaboration, education, and community.

Newly formed in 2021, FOOA strives to offer a home for the loved ones of OOA members. FOOA members coordinate community events, participate in OOA activities, and share resources and support within the organization. Use the QR code to learn more about FOOA and explore what this organization has to offer.



SCAN ME

BECOME A MEMBER TODAY!

FOOA regular member dues are \$50 annually (November 1 – October 31). Membership for the spouses of medical students and residents is FREE. To join, simply return this form with the enclosed OOA dues renewal (you may write one check for both OOA & FOOA dues if you'd prefer).

<p>FOOA Member Name: _____</p> <p>Mobile Phone: _____ Home Phone: _____</p> <p>Email: _____</p> <p><input type="checkbox"/> OOA Member Spouse, Parent or Other Loved One</p> <p><input type="checkbox"/> Resident Spouse <input type="checkbox"/> Medical Student Spouse</p>	<p>Amount Enclosed</p> <p>(\$50 for each FOOA membership; Spouses of Medical Students & Residents is FREE)</p> <p>\$ _____</p>
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SCHOLARSHIP OPPORTUNITIES WITH
THE OKLAHOMA OSTEOPATHIC
ASSOCIATION:

16TH ANNUAL RESEARCH POSTER SYMPOSIUM



Showcase your research during the Oklahoma Osteopathic Association's 2025 Winter CME Seminar for the chance to win scholarships for first, second, and third place winners!

IMPORTANT DATES

11/29/24..... Abstracts & Posters due

12/20/24..... Judges Results due

1/25/25..... Finalists Presentations & Awards

Email Catherine Bruce at catherine@okosteo.org for more information or questions.

16TH ANNUAL RESEARCH POSTER SYMPOSIUM

Medical students and residents are invited to showcase their research during the Oklahoma Osteopathic Association's 2025 Winter CME Seminar! All entrants must be a current medical student or physician currently in a postgraduate training program. Osteopathic and Allopathic medical students and residents are invited to participate. Ongoing research for your residency or medical school can be submitted. Literature research submissions are also eligible for this symposium. The judging panel will select first, second, and third place winners. The top three finalists will present their research on Saturday, January 25, 2025. All students and residents in postgraduate training programs receive free registration to the 2025 Winter CME Seminar and are encouraged to attend.

Mission

The mission of the Oklahoma Osteopathic Association's Research Poster Symposium is to showcase current osteopathic research and stimulate interest in future research projects. This will be accomplished through the exchange of ideas and information between participants of the symposium and attendees of the OOA Winter CME Seminar.

Awards

- First, second, and third place winners will receive a cash prize that is to be determined.
- All participants- whether students, interns, residents or fellows-will be eligible to win.
- All participants will receive a participation gift if they wish. The three winners will receive award money and a certificate of special recognition.
- All participants are encouraged to attend the presentations of awards Saturday, January 25, 2025 as part of the OOA's 2025 Winter CME Seminar.
- Research of the three winners will be published in a future edition of the Oklahoma D.O.

****In order to receive award money, winners must present their research at the 2025 Winter CME Seminar.***



ABSTRACTS

Please read all guidelines before you submit your abstract. Abstracts must be sent to catherine@okosteo.org by 5 p.m. on Friday, November 29th, 2024.

REQUIREMENTS

- Only one abstract allowed per individual. Multiple submissions from the same person will be automatically rejected.
- Length is not to exceed 250 words. The 250-word limit applies only to the body of the abstract. The limit does not include the list of authors and their respective institutions, nor does it include the title.

FORMAT

- Abstract should be double spaced and sent in a Microsoft Word.doc via email to catherine@okosteo.org. Your email should include the following information:
 - Name
 - Research title
 - Cell phone number
 - Email & mailing address
 - Year of osteopathic or allopathic medicine school name or year of postgraduate training, specialty and postgraduate institution.
- The title needs to be centered and bold-faced.
- Immediately under the title, list your name and year (OMS I, OMS II, PGY I, PGYII, etc.)
- List authors and their respective institution(s). The student or physician who will present the poster must be listed as the first author. The principle investigator must be listed as the last author. Only the entrant is required to be a student or physician in training.
- The body must include purpose of research and brief preview on method, result, and conclusion.
- No diagrams or tables should be included in the abstract.
- Do not include references.
- Your abstract can be about previously reported or current results. If your abstract has been previously accepted and/or presented at other conferences and/or published, please provide the following relevant information:
 - Conference name
 - Conference location
 - Date
 - Format or journal name
 - Journal volume
 - Journal Edition
 - Journal date
 - Page numbers

****Individuals whose submissions are accepted will be notified via email.
Submissions not in this format will not be accepted.***



CRITERIA FOR EVALUATING ABSTRACTS

The judging panel will be evaluating the abstracts submitted based on the following criteria:

- Statement of the hypothesis.
- Clear organization of the project.
- Effective use of the scientific method is evident.
- All significant variables have been identified. Efforts to eliminate bias between control and experimental groups are clear.
- The conclusion is consistent with the data and/or observations.
- Potential pitfalls of methodology or interpretation have been addressed.
- The potential significance of the experiments is placed in the proper perspective.
- Abstract is in required form and organized, well written, concise, and readable.
- The project demonstrates a novel approach and/or idea.

POSTERS

Please read all guidelines before you submit your abstract. Abstracts must be sent to catherine@okosteo.org by 5 p.m. on Friday, November 29th, 2024.

REQUIREMENTS

- Submit digital posters in the form of a PowerPoint slide (no animations), high resolution JPEG or PDF via email by the submission deadline.
- By submitting a poster to the OOA Research Poster Symposium, you certify that the poster is your original work or/if original work conducted by you and another author, or any co-authors are appropriately credited for their contribution and have been informed of the submission. Infringements will result in disqualification from the symposium.
- Any research involving human research subjects must attach a copy of IRB approval with your abstract.
- Posters should be free of commercial bias, product endorsement or marketing.

CRITERIA FOR EVALUATING POSTERS

The judging panel will be evaluating the posters submitted based on the following criteria:



- Clear statement of a research question.
- Evidence to support research.
- Explanation of methodology.
- Graphic materials to illustrate results, such as a table or graph.
- Significance of findings.
- Credible and cited references.

QUALITY OF ARGUMENT

- Is there a clear statement of research question or relationship being investigated?
- Does the poster require additional explanation? Does it stand alone?
- Is there a logical and thorough explanation of the research question?
- Are all components of the research given appropriate levels of attention?
- Is there adequate consultation of sources cited correctly?
- Are the research objectives outlined precisely?
- Was an appropriate research methodology selected and explained effectively?
- Is the significance of findings stated clearly?

QUALITY OF EVIDENCE

- Is there a clear statement of research question or relationship being investigated?
- Does the poster require additional explanation? Does it stand alone?
- Is there a logical and thorough explanation of the research question?
- Are all components of the research given appropriate levels of attention?
- Is there adequate consultation of sources cited correctly?
- Are the research objectives outlined precisely?
- Was an appropriate research methodology selected and explained effectively?
- Is the significance of findings stated clearly?
- Is the arguments well supported by extensive primary research, with accurate evidence, and examples?

USE OF GRAPHICS

- Are figures, tables, illustrations, maps, and other illustrative material used effectively?
- Are the illustrations correctly cited presented well?
- Does the visual material integrate well into the evidence of the argument?
- Is the material presented well organized?

RELEVANCE

- Is the research presented relevant to osteopathic physicians today?



16th Annual Research Poster Symposium Judging

How judging will work: Judges will be put into two groups, Group A and Group B. Each group will judge a cohort of up to 15 blinded poster entries, using specific criteria that will be provided to the judges. The top three (3) posters from each group will move on to the second round of judging. In the second round, all judges will re-judge the top six (6) posters chosen from round one to determine the top three (3) winning posters. The top three (3) winning posters will present at the 2025 Winter CME and win a scholarship.

IMPORTANT DATES

11/29/24..... Abstracts & Posters due
12/20/24..... Judges Results due
1/25/25..... Finalists Presentations & Awards

IMPORTANT INFORMATION

- **Judges do not need to attend the 2025 Winter CME, however, we still encourage you to sign up to go.**
- **You will receive .25 AOA category 1-A credits per poster submission judged.**
- **The deadlines provided outline our anticipated timeline, if they are to change you will be notified via email.**

Email Catherine Bruce at catherine@okosteo.org for more information or questions.

The Oklahoma Educational Foundation for Osteopathic Medicine was founded in 1967 with the mission of providing support to past, present, and future osteopathic physicians through scholarships and other financial aid. In 1985, the OEFOM Board of Trustees decided to build a safe haven for the osteopathic community located at 4848 N Lincoln Blvd, naming it the Oklahoma Osteopathic Educational Center. Thirty-seven years later, the mission and vision remain the pillars of the OEFOM. However, time has moved on, and the funds have dwindled due to COVID-19 hardship scholarships, building maintenance, multiple student scholarships, stethoscope donations, and other day-to-day necessities.

I am writing to you today to ask for your consideration of a tax-deductible contribution of \$100, \$250, \$500, or \$1,000 or more to the general fund and/or the building maintenance fund. Your contribution, of any amount, to any of the following funds would be greatly appreciated.

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Tax-deductible gifts can be easily made to OEFOM in the following ways:

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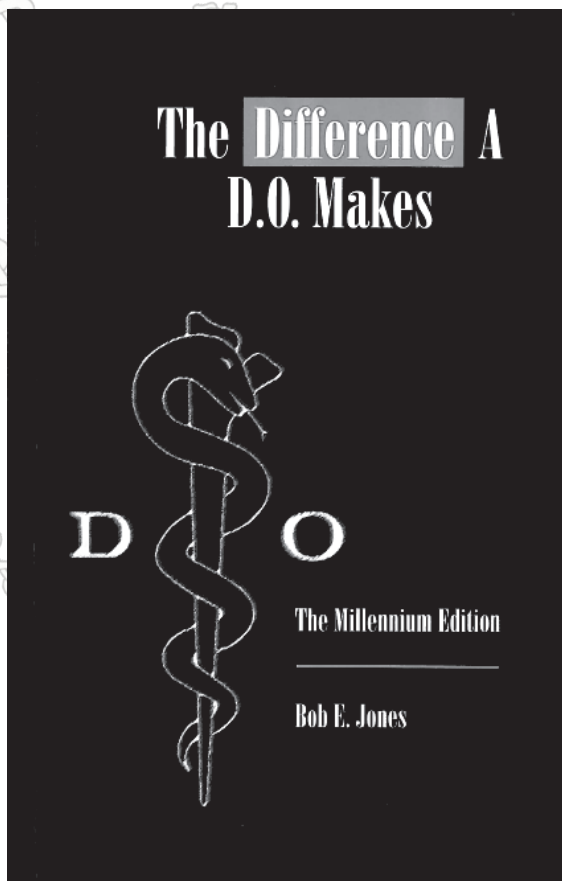
Thank you in advance for your continuing financial support that will allow the OEFOM to support osteopathic medical students and to maintain the headquarters for both OEFOM and the OOA.

Sincerely,

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On behalf of the OEFOM Board of Trustees



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In Memorium



Dr. Timothy Lawrence Moore, fondly known as Tim by his family, “Doc” to friends and patients, went to be with his Heavenly Father on Tuesday, April 30, 2024 at the age of 75. Tim was born on November 3,

1948 at Eglin Air Force Base, Florida, and spent most of his childhood in Fort Worth, TX. At the age of 20, Tim joined the United States Navy, and honorably served his country during the War in Vietnam. Upon his military exit, he was awarded a Bronze Star, Silver Star, & a Purple Heart, for his selfless acts of service.

He attended Texas Christian University for his undergraduate studies and then entered Pharmacy School at Southwestern Oklahoma State University, where he graduated in 1980.

Tim continued his education pursuing a Doctorate in Medicine at the University of North Texas Health Science Center and Texas College of Osteopathic Medicine where he graduated in 1984. Answering a call to serve as a Family Medicine Physician, Tim has helped patients in many different capacities throughout the course of his 39 years of service and experience in Oklahoma.

Throughout his career, he was affiliated with the In-

tegris Baptist Medical Center and Integris Southwest Medical Hospital and was one of the founders of Community Hospital. During the latter part of his career, he partnered with the Department of Veterans Affairs and assisted veterans with disability assessments until his retirement in 2022.

Tim’s true happiness in life was traveling, fishing, hunting and being outside. He loved being with his family, and attending church. Tim was known for his jovial sense of humor and sarcasm.

Throughout his life, Tim remained constant in his devout love and service of the Lord. Always remaining faithful, selfless and with a servant’s heart, he loved helping and serving others.

Tim left a tremendous legacy that will continue to live on through each of us and he will forever be held close in our hearts each day.

More than any of his earthly accolades, Tim loved his family. He enjoyed the early days of encouraging his children in school, sports, and providing for his family. He received a new gift, when he became a Grandpa and was overcome with joy when he spent time with them. Tim will forever be remembered as a loving father, doting grandfather, a wonderful physician and a great friend.

He was preceded in death by his parents; Bruce Irvin Moore, Ella Mae Moore, and Lucille Regina Nipper.

Tim leaves behind lasting memories with his loving



In Memorium

family:

Sister, Regina O'Brien of Chicago, IL; Son,
Mark Moore and his wife, Rachel of OKC, OK;
Daughter, Jillian Vandaveer and Matt of Tulsa,
OK; Grandchildren: Easton Moore, Madilyn
Moore and Henry Vandaveer; as well as many
other extended family & friends.



In Memorium



Randall Shane Reust, known fondly as Randy, was born on November 22, 1967, in Denver, Colorado, to William and Michelle Reust. He spent his formative years in the Ottawa, Kansas area before moving to Bartlesville, Oklahoma,

where he graduated high school. During his youth, Randy was an active member of the Young Preacher's Club and Youth for Christ, and his faith and trust in the Lord remained a cornerstone of his life.

After high school, Randy pursued his undergraduate studies at Oklahoma Wesleyan University. It was here that he met the love of his life, Keiko Watanabe. In a story as romantic as it is charming, Randy's father, also a professor at the university, orchestrated a movie double date that ultimately left Randy and Keiko alone together. This led to an instant and enduring connection, and the couple soon married in Bartlesville. Their union was blessed with two sons, Bartholomew Daichi Reust and Benjamin Chikada Reust, and they shared 35 years of profound love and companionship.

Randy continued his academic journey by attending medical school at Oklahoma State University. Following his graduation, he completed his residency in Tulsa and practiced medicine in Bartlesville before returning to Tulsa. There, he served at several local hospitals, includ-

ing the VA Hospital in Muskogee, where he was highly regarded and in great demand. Later, Randy achieved a lifelong dream by becoming a teacher at OSU Medical, where he found his true passion in mentoring and educating future doctors. His dedication to teaching was deeply felt by his students, who valued his generosity with his time and knowledge.

Outside of his professional life, Randy developed a passion for motorcycles and shared this hobby with his sons by buying them motorcycles so they could ride together. He also enjoyed collecting and shooting guns. Randy and Keiko often traveled to Galveston, where they owned a home for some time and delighted in the local seafood.

Randy's character was a blend of strong principles and generosity. He was known for being set in his ways, even stubborn at times, yet his kindness and willingness to help others were equally notable. He demanded excellence from his students but was always approachable and ready to assist with their questions. Randy was not only intelligent and impulsive but also a compassionate soul, always ready to lend a helping hand.

Dr. Randall Shane Reust passed away leaving behind a legacy of love, faith, and dedication to his family, friends, and countless students and colleagues.

He is survived by his beloved wife, Keiko, his sons Daichi and Ben, grandchildren, Emma and Nora Reust, parents, William and Michelle, and his brother and sister, Michael Thompson and Kimberly Cole. His life was



In Memorium

a testament to his faith, his passion for medicine
and teaching, and his unwavering love for his
family.



GET INVOLVED WITH THE OOA BY JOINING A BUREAU!

The Oklahoma Osteopathic Association has many ways for members to get involved and help guide the future of the association. One of the best ways you can make a difference is by participating in one of our bureaus.

If you are interested in joining one or more of these bureaus, check the boxes that apply and mail this form back to us.

Name: _____ Cell Phone: _____

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- Bureau on Legislation: This bureau keeps members updated on the latest legislative news that will impact your practice and patients. The participants also help guide the OOA's stance on legislative issues.
- Bureau on Membership: This bureau is open to any active member of the OOA and focuses on expanding our membership and bringing new benefits to members.
- Bureau on Postgraduate Education: This bureau primarily focuses on organizing the annual Research Poster Symposium. The symposium provides students and residents with an opportunity to showcase their research and win prize money.
- Bureau on Continuing Medical Education: This bureau focuses on the Winter and Summer CME Seminars to help determine the program and overall purpose of each seminar.

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Update your profile at www.okosteo.org so we have your most current contact information. *If you need assistance, call us at 405-528-4848.*

4

Check your inbox Tuesday mornings for the latest edition of the OOA Report.

Happy Birthday

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